

JOIN US TODAY!

YES! I would like to see new and improved trails in the Cedar Valley.

Count me in, and please send me:

- * Personalized Membership Card
- * Cedar Trails Partnership Newsletter
- * Advance Notice of Trail Events
- * Updates on Trail Advocacy Issues
- * Open Invitation to CTP Board Meetings

(Please print or affix your address label)

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 *Email: _____

*We occasionally send Advocacy Alerts and urgent messages by e-mail. To receive them, please set your SPAM filter to accept messages with Cedar Trails Partnership in the subject line. We will not share your e-mail address with anyone. Thanks!

Membership Level:

Single	\$15
Family	\$25
Club/Organization	\$35
Other: \$ _____	

Mail this card with your check to:
 Cedar Trails Partnership
 6510 Hudson Road Cedar Falls, IA 50613
www.cedartrailspartnership.org

Thank you to our SPONSORS



For more information contact:
 Cedar Trails Partnership
 6510 Hudson Road
 Cedar Falls, Iowa 50613
trails@cedartrailspartnership.org
 800-845-1955

Special thanks to:
 Kim Behm,
 Jon Cooper,
 Martin Brothers,
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The Cedar Trails Partnership welcomes you to the 15th Annual Cedar Valley Trails Festival



Come Join the Fun on August 11-15, 2010

www.cedartrailspartnership.org



Schedule of Events

Wednesday, August 11th, 2010

11am Senior Cruise

Seniors will enjoy a hot lunch and a narrated tour on the trails in the comfort of a van for \$5. Departing from the CF Community Center at 525 Main St. Pre-registration is required by contacting 319-277-1900 or at the Community Center from July 19th-August 4th.

Sponsors: Friendship Village, Western Home Communities and Cedar Falls Community Center

Thursday, August 12th, 2010

5:30pm Opening Ceremonies

Celebrate the beginning of the 15th Annual Cedar Valley Trails Festival and learn about all the newly completed trail connections and enhancements. Located at the Waterloo Center for the Arts, 225 Commercial Street, Waterloo.

Sponsor: Cedar Falls Tourism and Visitors Bureau

Friday, August 13th, 2010

4pm-7pm Dog Walk

Bring your dog out and enjoy the trails by foot! Don't have a dog? Come walk one of the adoptable dogs from the Cedar Bend Humane Society. Walking will start at the Cedar Falls Paw Park, South Main Street. Walkers must be 14 years of age or accompanied by an adult.

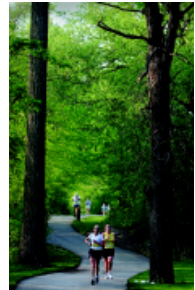
Sponsor: Taylor Veterinary Hospital

6pm Bridge to Bridge Ride

Ride the new trails along the downtown Waterloo Riverfront and then kick back and enjoy the music of PV and the Phantoms at Main Street's Friday/Loo event. Join us at Lincoln Park, East 4th Street & Lafayette, downtown Waterloo.

Sponsor: Waterloo Convention and Visitors Bureau

Saturday, August 14th, 2010



7am Cedar Valley Trails Festival 5K

Trekman Racing will facilitate this event which begins at Gateway Park in downtown Cedar Falls. Pre-registration required. Call 800-845-1955 for details. There will be a breakfast with Chris Cakes

pancakes in the park serving from 7-10am. Cost is \$5, \$4 for registered runners.

Sponsors: Cedar Valley Sports and Entertainment Commission. Breakfast sponsored by Cedar Falls Community Main Street & Sartori Hospital

9am-11am Bicycle Safety Rodeo

Youngsters learn cycling safety skills with local Park Rangers and law enforcement officials. Event also features free bicycle inspections provided by Bike Tech. This will be held at Black Hawk Park, 2410 West Lone Tree Road, Cedar Falls.

10am Tour de Valley Ride

Choose from a 7 or 23 mile ride throughout the Cedar Valley trails. The 7 mile route is great for young families.

All registrants are entered into a drawing for a new bicycle from Scheels when they turn in the waiver forms before the ride. Winner will be notified after the ride. The event begins at Gateway Park, Downtown Cedar Falls.

Sponsor: Scheels All Sports



7pm-10pm Light Up the Night Ride

Experience the thrill of a candlelit ride and the pre-ride music of Bob Dorr and the Blue Band. Ride begins at dusk(9am). Bike lights and helmets are required. Cedar Trails Patrol will be monitoring trails for safety. Please meet at Gateway Park, Downtown Cedar Falls.



Sponsors: Europa Cycle and Ski, Cedar Falls Junior Chamber (Jaycees) with assistance from Martin Brothers

Distributing, Music sponsored by the Hearst Center for the Arts

Sunday, August 15th, 2010

7am Hartman Eco-Triathlon

This USAT-sanctioned adventure triathlon begins at George Wyth State Park with a 5.5K kayaking segment to Hartman Reserve Nature Center. A 17K off road mountain bike ride and 5K trail run follow, ending at Hartman Reserve Nature Center. Pre-registration is required. Visit www.hartmanreserve.org or call 319-277-2187 for details.

Sponsor: Friends of Hartman Reserve

11am Poker Ride

Riders will visit various points of interest along the trails collecting cards to compete in a game of poker for prizes. Special drawings for those under 21 are available, so bring the family. The fee is \$10 (\$5 with your 2010 Trails Festival T-shirt). Everyone will gather back at Mulligan's where poker madness will begin and prizes will be awarded. The ride will begin at Mulligan's Brick Oven Grill & Pub, 205 E. 18th Street, Cedar Falls.

Sponsors: Bike Tech, Mulligan's Brick Oven Grill & Pub and All Smiles Family Dentistry

