

QUAD CITIES BICYCLE CLUB

"at the hub of two states"

NOVEMBER 1981

Pres., CARTER LE BEAU

V. Pres., HERB PAGE

Secy., MARY KEANE

Treas., LEON VAN CAMP

Newsletter Editor, BILL LEIBMAN

Box 3575

Davenport, Iowa 52808



Yes, there is a December Ride Schedule

THANKSGIVING PATCH RIDE

HAPPY NEW(fiscal) YEAR!

From the President's Saddle:



It seems I use this column more to encourage contributions to our newsletter than any other subject. I know for a fact that more and more of our members are engaged in bicycle outings than ever before. Our scheduled rides continue to be well attended and are publicized in our newsletter. Many of you are riding in groups at different times and are engaging in interesting bicycling activities that we would all like to hear about. This is an appeal to ask you to drop a note to Bill Leibman, our newsletter editor and share your experiences with the rest of us.

Speaking of appeals, I was pleased to hear from Paul Scheibelhut, Denny Peterson, Bill Langan and Ray Torresdal offering to serve as officers of our club. Our nominating committee composed of past presidents Bob Nuckles, Don Horton, Dean Arney, Fred Blessin and Terry Burke will present their slate of officers at the annual meeting. We hope that those who do not become officers this year will be available next year, or will perhaps serve in the vital chair positions this year.

It is hard not to comment on the excellent bicycling weather we've had for the past two months. Of course, we already knew that. It happens in this part of the country every year. Hope you all took advantage.

Our annual awards meeting, chaired by Don Horton and emceed by Charlie Cook should be an excellent evening. If we are unable to accomodate everyone due to limited space, we appologise and will try to find a larger location for next year.

Your roster ond ride chairperson Sue Sharp is hoping to have copies to you by January 1. She has planned to add much more to the book for '82. This project is a large undertaking and the club appreciates the effort involved. Without any question the QCBC schedule already is the finest in the naton.

Last comment: See you all at 9 a.m. Saturday and Sunday all winter for our rider's choice rides.

Carter LeBeau

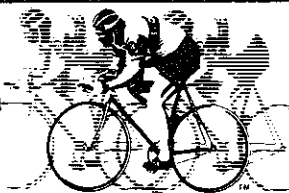
Thanksgiving Patch Ride

The Thanksgiving Day Patch Ride will be held on November 26 starting from the picnic shelter located at the eastern entry point of Davenport's Duck Creek Parkway at 10 a.m.

Refreshments will be available and participating riders will receive a beautiful patch designed especially for this Thanksgiving Day

Don Learn

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RIDE SCHEDULE & QUESTIONNAIRE

Your ride schedule committee is hard at work on the 1982 ride schedule. Please forward any suggestions you may have for new rides, eating places, etc., that you would like us to consider. We want to thank the QCBC members who responded to the questionnaire. In general, most of you commented as follows:

- Liked the 1981 ride schedule
- Want 40-60 mile rides with longer distance as option
- Prefer to regroup
- Want more social events (such as sagging a picnic on the long rides)
- Prefer 8 a.m. starts; 1 p.m. in winter

Winter rides will continue through December, January, and February and will be determined by Old Man Weather. We hope that you will bundle up and come join us for the December rides that have been scheduled.

Sue Sharp

December Ride Schedule

SATURDAY, DEC. 5 - SPIN INTO WINTER
9 a.m. - Eastern Avenue entrance, Davenport bike path. Ride to the Edgetowner in Mt. Joy and return. 12 miles.

SUNDAY, DEC. 6 - KRIS KRINGLE KRANKER
1 p.m. - Stephens Park in Moline, 7th st. and 16th ave. Ride Moline Bike Route to Whitey's for munchies and return. Short! 3 miles.

SATURDAY, DEC. 12 - RONALD McDONALD RUN
9 a.m. - Eastern avenue entrance to Davenport bike path. Bike to Walcott McDonald's for warmup and eats. 30 miles.

SUNDAY, DECEMBER 13 - RED NOSE RIDEDEER
1 p.m. - Arsenal Island Clock Tower parking lot. Ride to Sauki Trail Golf Course via 38th st. to 11th st Sambo's. 10 miles. **SATURDAY, DECEMBER 19 - FLAPJACK FLING**

9 a.m. - Stephen's Park in Moline, 7th St. and 16th Ave. Ride via 12th Ave. to 48th St. Village Inn Pancake House. 14 miles.

SUNDAY, DECEMBER 20 - SLIDIN' SADDLES
9 a.m. - Eastern Avenue entrance, Davenport bike path. Ride to Ross' for breakfast, then on to LeClair via Rt. 67. Return via rider's choice.

SATURDAY, DECEMBER 26 - HOLIDAY HIND-US
1 p.m. - Arsenal Island Clock Tower parking lot. Ride Arsenal bike path. 8 miles. Regroup for eats at rider's choice.

SUNDAY, DECEMBER 27 - FROZEN BUNS BRUNCH
9 a.m. - Eastern Avenue entrance, Davenport bike path. Ride to Mary's Donut Shop via Locust and Y-48. 24 miles.

*** We hasten to mention that these and all other winter rides are open to optional lengthening or shortening at the discretion of those riding. See you there!!

*** Winter ride thought for the month: Many are chilled, but few are frozen.



Ames
Arnolds Park
Bettendorf
Burlington
Cedar Rapids (3)
Clinton
Coraville
Davenport (4)
Decorah

Iowa
Des Moines (2)
De Witt
Dubuque
Eldridge
Fl. Dodge
Fl. Madison
Iowa City
Keokuk

Marshalltown
Mason City
Muscatine
Newton
Oskaloosa
Otumwa
Spencer
Waterloo (2)
Waukon
West Des Moines

NOTES ON PAST EVENTS

WEDNESDAY NITE RACING - Like many events started by the QCBC with a small group of riders, the Wednesday training races on some occasions this past summer have resulted in packs of 25-35 riders, more than what the roads and traffic volume can handle. In order to accomodate this situation for 1982 we are planning to add a similar series in Illinois, but on a different night. This will help thin out the packs, add flexibility for those with schedule conflicts, and provide route variety. For the real die-hards, of course, this means two mid-week racing sessions will be available.

In summary of the '81 series, the experiences each session are usually hashed over at the following beer time, so they are no longer news. One night stands out, however. During late August when the whole group was caught in a very heavy downpour, complete with lightning, just outside of Princeton. One unfortunate person (riding clinchers) had a flat in the middle of the downpour. The double moral of that incident was the "go fast" group gets wet just like normal bikers do, and clinchers are even less fun than sew-ups to change in the rain.

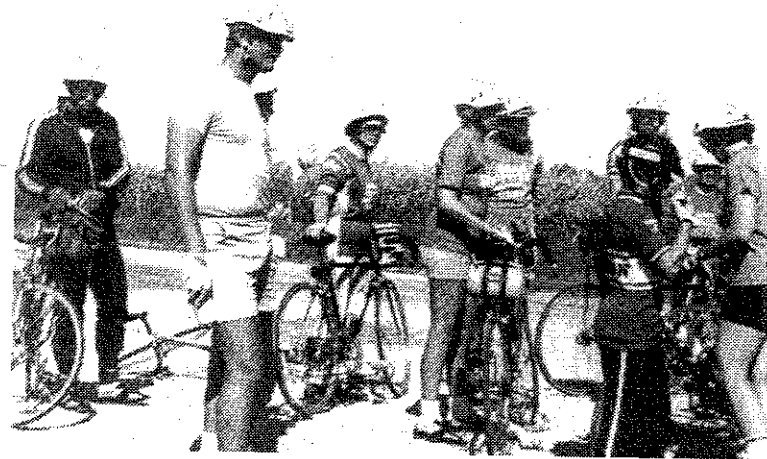
SOUTHPARK MALL ROLLER SHOW - OCT 4: As part of the Belgian culture exhibit featuring Belgian waffles, lace making, and crafts, several QCBC racers demonstrated their form on rollers to the general public. Rollers being somewhat of a novelty, a large crowd was on hand to watch the action. Steve Verstraete finished his performance with a bang (blew his back tire) and Doug Eppard developed a fan club of admirers. Other participants were Dick Wolbers, Dick Paulos and John Hendricks. We would like to thank these people plus the several others who lended their moral support.

Terry Burke
Race Planning Committee

EFFECTIVE CYCLING COURSE

Five QCBC members are about halfway through John Forester's 11 week course "Effective Cycling". Participating with me are Leon Van Camp, Ray Torresdal, Don Davis, and Steve Verstraete. Each week, we discuss how to make the bike go better, cycling conditioning and bike handling skills, traffic techniques, and cycling enjoyment ways such as commuting, touring, club riding, and time trialing. Each week includes a ride for on road training. It is expected that Scott Community College will offer this course next spring, sponsored by the QCBC. Those completing the course and passing a written and riddin exam will qualify for the L.A.W. Effective Cyclist certificate and patch. I recommend this course; I think any cyclist will enjoy it and learn a lot from it.

Fred Blessin



CENTURY RIDERS

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THE LINDA POWERS (QCBC) CENTURY RIDE

The "big secret" about the century ride was finally divulged by Linda to the eighty riders who gathered on Sunday morning, Sept. 27th in Moline for the big ride. Here is one viewpoint of that ride.

It was a beautiful morning. there was no wind. We all loved Linda. We rode through Lynn Center to Andover. Sagwagon! Not hungry yet, but ate banana and cookie. Slight breeze. Beautiful! Still loved Linda. Turned south to Woodhull. Ate breakfast at Maxwell's. Turn around point for metric riders. Century and double metric (DM) head East toward Galva. The breeze now strong but at our back. Fantastic! Wanted to marry Linda.

Century riders turn north to Bishop Hill. Stop for lunch .(DM riders go to Galva, thru Kewanee, past Johnson Sauk Trail State Park, and back to Cambridge to join the rest of the riders). Wind now very strong and we turn into it. Forgot about Linda - too busy maintaining position in draft line led by Frey and Keane. Now starting to love them. Crosswind again to Cambridge. Tired, but still feel OK. 12:30, 5 hours, 66 miles. Wished I could do better. After lunch, met Dean Arney doing the double metric.

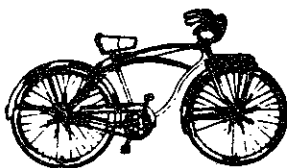
Wind now gale force. Must fight it all the way to Orion. Convinced Dean to pull us. Didn't like Linda anymore, loved Dean. Line led by Dean, then Joe, John, Bob, Kirsten, Charlene. Worked together - made it to Orion. Disliked Linda very much. Head south and get slight reprieve as wind is now crosswind. Turn west, direct headwind. Must somehow make Sherrard before dark. Wouldn't bet on it! Hated Linda, hated everybody, hated myself for starting ride. Frey gives us options: 3 ten mile legs, or 5 six mile legs, or 10 three mile legs; somehow they all seemed ridiculous.

Bill Powers offers us a shortcut to save 10 miles. Keane takes it, wants to get home by 4:30 to watch football...chicken. Somehow, make it to Sherrard. Nobody tired but me. All are antsy from going slow so I can keep up. But I love all of them. Without the draft line I couldn't make it. Really hated Linda, wished I had taken the shortcut. Remembered that nobody had passed us all day, made me feel better. Remembered something else: hadn't passed anyone either, felt bad again. Saw Bill Powers and sag wagon - asked him to marry me. Just wanted to sleep in the back of his van.

Six miles to go. Will not make it. 5:00 o'clock. It will be dark before I get back. Karen will kill me for being so slow. I don't care, I'm half dead already. Turn on to Indian Bluff Road. Wind finally at our back but hate to go up a mountain. Too tired to ride, too tired to walk. Wish I had a rope so Arney could pull me up the hill. Make it on my own and coast down to starting point.

Rode with the greatest people in the world. Owe Frey two bucks for lunch, owe brother Joe ten bucks, owe Dean my life. Owe Linda, Bill, and Steve for the best ride of the year.

Jim Duda



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R.A.C.E.R. III (RUTLEDGES ANNUAL
CHILI EATERS RIDE)

More than 30 QCBC members enjoyed a beautiful afternoon with the Rutledges of Galesburg. There were a total of 88 people from Peoria, Galesburg and elsewhere joining in the hospitality of Bob and Katie Rutledge. This great event started three years ago in their home but has now moved to Lincoln Park north of Galesburg.

The ride was into beautiful countryside and on to Knoxville for that town's annual celebration. We would have liked to stay there all afternoon but all wanted to get back for the great chili prepared by Bob Rutledge. All of us in the QCBC thank them for such a wonderful afternoon.

More, From Bob Rutledge:

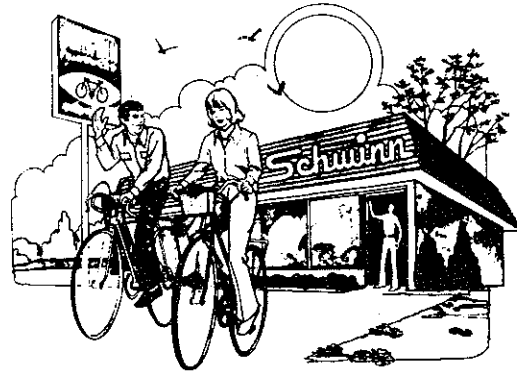
Anyone connected with a bike ride of any size realizes how much work is done behind the scenes by nameless hardworking people who make it all happen. I would like to give credit: First, to my wife Kate, for much love and understanding, hard work and clean-up after my clumsy efforts.

This is "Rut's" ride, meaning the entire Rutledge family works on it, Dave and Rita and their children, Jim and his daughter Tiffany, Kirk and Andy. also Aunt Mary helped cook, serve, clean up, and passed out maps and cue sheets and registered riders.

Dr. Frank Huff and Marge Westerfield made our super maps and cue sheets. Mike and Ellen Thomas were stationed at the turnoff point. We want each of them to have a sincere loving "thank you".

And last but not least, a big thank you to all of you riders and eaters who joined us and made the whole affair worthwhile; without you, all we had was chili.

Bob Rutledge
Galesburg chapter, QCBC



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Century Notes

I would like to take this opportunity to thank those who helped me make the 1981 Quad Cities Bicycle Club Century Ride a success. First, thanks to Steve Verstraete who was a tremendous help on selecting a route, and who jumped in and out of the car in the rain to place the arrows. Also thanks to the sag wagon drivers Mary Keane, Sheri Power, and Dewey Mayfield. And thanks to my husband Bill who drove sag wagon, typed the instruction sheet and was my worst critic. Finally, thanks to all those who came out on that windy day to ride - without you there would be no need for a century ride.

Linda Powers

(Linda went on to say that she enjoyed having responsibility for the century this year, and is looking for a challenge for next year. The only thing she has found so far to devote her time to is to "hassle Carter". Ed.)

Family Ride 9-13-81

On a sunny afternoon 14 members left for a ride to lock and dam 14 in Pleasant Valley. Two bikes were pulling buggers with little ones aboard and juniors Emily, Julie, Tracy, and David rode their own bikes. Frequent stops to rest and regroup kept everyone together. We arrived at lock and dam 14 and crossed over the pleasure boat lock gate with our bikes to reach the picnic shelters.

Margaret Paulos took the kids exploring on Smith's Island nearby. No fresh water was available at the site, but the lockmen were happy to fill our bottles. The ride back to Bettendorf was a bit bumpy on River Drive and the traffic was heavy so we rode up 14th Street hill. It was short, but it was also steep! After a short rest we rode to the Target Store for ice water and then back to Eastern Avenue.

It was a nice 24 mile ride and the first one for the Smith Family.

Mike Smith

NEW MEMBERS

9/15/81 - 10/20/81

Name	Town	Source
<u>Family</u>		
Vincent Fusco Sr.	Davenport, IA	World of Bikes
Chris Reschly	Davenport, IA	Paula Peterson
Ronnie E. Brown	East Moline, IL	John Cox
<u>Senior</u>		
Thomas M. O'Dea	Washington, IL	Word of mouth
Julie M. Kron	Davenport, IA	RAGBRAI
John Thier	Davenport, IA	
Judy Willenborg	Davenport, IA	Charlene Lundstrom
Bart McMaster	Marshalltown, IA	Carter LeBeau
Verilynn E. Bradley	Silvis, IL	Word of mouth
Barbara Carter	Rock Island, IL	
<u>Junior</u>		
Scott Carter	Davenport, IA	Media
Mike Womack	East Moline, IL	BMX
John Clifford Jr.	Moline, IL	BMX

Wisc. Fall Foliage Ride Oct. 10-11

The weather did not cooperate very well, but about 20 QCBC riders (plus Mary Shanks, famed Riverbend BC member) endured the cold and clouds to punish themselves on the endless Wisconsin hills.

We left Platteville on Saturday morning for a 50 miler to Mineral Point. I'm not sure, but I think there were about 100 hills per mile - at least it felt that way! We kept up a leisurely pace with lots of stops to enjoy the scenery and historic towns along the way.

Lunch was in Mineral Point, where some chose the atmosphere of the historic Walker House, while the rest of us went for cheap-and-quick at the corner tavern. Then we stopped at the bakery for dessert so we wouldn't have to climb the long hill out of town all at once.

The hills didn't seem so bad in the afternoon, but that might be because the Hawks were winning and we got the whole game, thanks to Sylvia Nuckles and her "Bone-Fone". We could hear her cheering a half mile away!

When we got back to the Governor Dodge Motel, we had plenty of time to enjoy the pool and sauna before dinner. As in other years, we went to the Timbers so we could listen to the fantastic pipe organ. Unfortunately, dinner took so long that most of us went straight to bed afterwards.

By Sunday morning, we had recovered enough to face a 35 mile ride to Potosi, including a couple of monster hills. We got there about 11 a.m., and didn't leave until after one. It's a good thing no one was there to blow the whistle!

It was cold and foggy all morning, but the sun came out by the time we were through with lunch. We really got to enjoy the fall colors on the ride back. We got back to Platteville about 3 p.m., so it took 6 hours to go 35 miles. I don't think anyone minded the slow pace, and we all enjoyed the good company.

Sue Nuckles

SLO SUE SEQUEL

As the falling leaves expose bare branches against a deep blue winter sky and the long days of summer end, I am happy to report that my riding pace has respectably increased to a moderately fast one. My request for biking companions who preferred a slower pace in the August newsletter was not overwhelmingly answered. However, my ego and I have courageously peddled on. Having logged about 2,000 miles (I can almost keep up with the big boys), the appendages that must constantly keep the wheels turning have now stopped screaming at me at the end of each ride and those strange gasping noises coming from within that one hears at the top of each long hill have become quiet and more rhythmic. (Exception: Wisconsin Fall Foliage Ride).

This little story of progress is offered to encourage you beginning bikers out there in the Quad Cities who watch in awe as those white helmets and bright blue and yellow jerseys go flying by with such grace and ease. If you begin in early spring riding only a portion of each scheduled ride and slowly increase your distance as I have, you will one day find that you too will fly along with such ease. I suppose, in all fairness, I must give a little credit to a beautiful new 12-speed bike.

There is a small "elite" group of bikers who waited patiently for me at each turn in the road to which I owe a small debt of gratitude for the encouragement and support shown me last summer. Thanks to Sue, Verl, Karen, Don and Don. You're Beautiful!!

Sue Sharp

Dec. 15 Club Meeting

A video tape of the July 4th TV-8 Jude's-Hardee's Criterium will be shown. One hour continuous action - commentary by Thom Cornelis and John Bolton.

POETRY

I don't get a chance to do this very often, and I know that many of you would rather be watching Starsky and Hutch reruns than reading poetry, and I know I didn't give you much warning this time, although it should be taken for granted that given the opportunity I will always elect to enhance the esthetic effect of our newsletter with literature of high quality, so here it is, poetry:

Rainy September Morn!

Raindrops take their toll,
Must tell my wheels we cannot roll.
Weatherman, did we forget to say
....QCBC wanted sunshine today.
Sue Sharp

CYCLE

Fully lost in motion,
Orange sun rolls beams
Of light through my wheels,
Faster---
Yet I climb higher.

Roadside scenes
Greet us with gracious ease;
Fields beckon--part
Sharply;
Now friends of the eye of the heart.

In the afternoon heat,
Stars of sweat mark my passing.

I glide always on the rainbow--
Restless, and content.
Moving surely, riding home;
I am the road.

Gregory Kovaciny
BIC

LAW 1982 CONVENTION

The University of Dayton, Dayton Ohio, will host the 1982 L.A.W. convention July 1st thru 5th. Fred Blessin wants to know if anyone is interested in getting up a Quad cities to Dayton tour to leave on June 24. Call Fred.



REST BREAK



LINDA P. & KAREN D.

PHOTOS BY LEBEAU

... Off the Back

November marks the end of the old QCBC fiscal year, and the beginning of the new. It is a time to look back at things past, and a time to look ahead to things to come. Where have we been; where are we going? The five years just past have seen the club grow rapidly from a rather small homogenous group of cycling enthusiasts to a large and diverse group that includes the racers, the BMX'ers, the social riders, the commuters and the tourists. We like to think that we have something for everyone, but it may well be that we have instead, someone for everything. We go from here.

Where have we been? Five years ago the club had no money to speak of. The newsletter was a mimeograph job that went out at about 100 copies. Lorraine Roth was editor in those days, and produced a rather fine product despite the fact that it was sometimes hard to scrape the postage out of the treasury. This was an active group. One accomplishment that sticks in my mind was the building, with funds from the club and funds from the city, of the bike path bulletin board in Davenport. The club also became active in urging the city to build the bike path in the first place, and then kept the interest up to get it expanded. I remember a snowy night four or five years ago when we had invited the top man from the Davenport parks to come and talk about the bike path. We had about 40 people there. He had expected to spend the evening talking quietly with the five or six people he believed to be the only ones interested in riding bicycles up and down such a path, but found instead a room full of eager, enthusiastic bikers anxious to hear all about his plan to expand the path. He admitted that he had always been opposed to building a bike path because of the cost, but changed his mind at our show of support. I always like to think that we were the deciding factor, whether true or not.

As the club has grown, everything has gotten bigger, and I hope, better. TOMRV, after four successful runs, has considerably altered the financial well being of the club. This means that we have been able to acquire some assets that benefit all: a movie projector, slide projector, adding machine, hot-and-cold drink containers for the sags, and, of course, the postage is no longer a problem. The newsletter itself is heavily subsidised by TOMRV funds; club dues alone come nowhere near covering the cost of publishing and mailing. So what does all this fancy gadgetry and slick newsletter get us? Maybe nothing, but I hope it gets us people. The movie projector is useless unless there is someone there to watch it; the newsletter is dead until someone reads it. People is what the club is, and now I think we have the tools we need to share the club with the people.

Where are we going? Good question for which I have no good answer. Perhaps a more appropriate question would be, what should a bicycle club be doing? For this I have several answers, arranged by topic:

LEGISLATION - We've been lax in this area in the past, with the exception of the efforts of a few individuals. The LAW regularly publishes lists of the legislation currently pending in the various governmental bodies that is of interest to bikers. One step in the right direction would be to select those issues of most interest and throw the weight of the club behind them. Iowa Rails To Trails, for example, is a group trying to get old railroad rights of way converted to nature trail. Our support here could have some impact.

VISIBILITY - Our strong suit. Most adult Americans think bicycles are for kids. Until they see adults, lots of adults, riding bicycles. A good place to be seen is in that morning rush hour traffic. I like to think that each person who rides a bike to work is one less person that can run over me with his car. The increasing interest in racing also helps dispell the bikes-are-for-kids image also, as does the sight of the massed rolling infantries of big rides like TOMRV and RAGBRAI.

HELPING - Helping people get started in the sport. Beginners always need coaching and support, and a little patience from the veterans.

EDUCATION - Another area where we are soft. One task we should take seriously is that of teaching safe and effective cycling. Too often cars and bikes fail to share the road, and usually the ones who get the short end of the stick are young children. A good effort to teach the rules of the road at an early age might go a long way toward making the roads safe for everyone. Many people are afraid to ride their bikes on the streets and highways because it is dangerous. Well, they're right - for those who cannot ride safely, it is dangerous.

SOCIALIZING - We wrote the book on this one.

INFORMATION - Here again we do a good job, and should work at keeping up the standard in the future. Bicycle maintenance, camping gear and technique, cycling fitness, touring information, commuting tactics, the list goes on and on. The information we have belongs to our members, and we share it. Everyone of us has some experience that is of value to the rest of us - come and share it with us.

These are the things I think a bicycle club should be doing. You may think a bicycle club should be doing something else. You are right. A bicycle club, or any club for that matter, should be doing all the things that its members think it should be doing. Never forget that this is your club to do with as you please.

And now I want to thank all of the people who have made this past year so successful for the newsletter. I will not mention all the names of people who send material for fear of leaving a few out, but you know who you are, and I usually try to byline the reports you send. I am flooded each month with mail and can't always print everything you send, but I do try. Keep sending it. Mary Keane has done a superb job of sending me all sorts of good things each month, Carter writes me almost daily, Bob Hannah and company do a beautiful job on the printing and my wife does a great job as resident critic. Thank you all for having me as your editor, it is an honor.

I will see you all at the annual meeting. You will recognize me, I'll be the one sitting, as I usually ride, off the back.

Bill Leibman



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