



Pedalwheeling

2002

The Newsletter of the Quad Cities Bicycle Club — April 2002

From The Headset Kathy Storm

February 24th had to have been the best “weather wise” day we’ve had in a long time for The Tour of The Islands Ride. We also had the largest group of cyclists turn out that we’ve had for any non-invitational ride that I can remember. 45 riders turned up for this ride and had a great time.

Some of the participants even “double dipped” and participated in a 3-mile run/walk with the Cornbelt Running Club in the afternoon. I felt guilty as I drove home past them doing their loops out of Duck Creek Park. I was still stuffed from my burger and fries at the 11th Street Precinct.

Many of you are busy planning your spring and summer bike activities. I hope some of you will consider helping out as a volunteer as well. During April, we could use some help with the QCBC Century Day (April 7th – Contact Joe Jamison 309,755-6801), the first of three Adopt a Highway trash Pickups (April 22nd – Contact Bill or Kathy Storm, 563,355-2564) and the Spring Picnic (April 28th – Contact Dean Mayne, 563,355-0995).

The Bicycle Advocacy and Legislative Committee has been busy the past few months. In the March newsletter, there was a survey on trail usage in the Iowa Quad Cities. I hope those of you who live in the immediate QC Area will take a few moments to complete this survey and mail it back to River Action. They will be using this information in conjunction with some actual usage counts later this summer on the Iowa trails.

I look forward to seeing many of you out on some club rides during April. We have many rides to choose from in this year’s Ride Schedule Booklet. Everyone should be able to find a ride that fits his or her riding pace. Remember, you can lengthen or shorten any of these rides by riding to the start of the ride or only riding the first half of the ride.

Come out and join some other fellow QCBC members on some of our great club rides!

April Meeting **Bicycle Trails in Scott County and Eastern Iowa**

Place: Library in the old mansion, (NOTE CHANGE IN ROOM LOCATION) Rivermont Collegiate (formerly St. Katherine’s/St. Mark’s), 1821 Sunset Drive, Bettendorf, Iowa. Just 3 blocks north of K & K Hardware.

Time: Meeting: 7:00 p.m.

Topic: Chuck Oestreich, long time QCBC member and Chairman of the Iowa Riverway Trail’s committee will be giving an update on the status of Bicycle Trails in Scott Country and the surrounding Eastern Iowa counties.

Pedalwheeling - 2002

QCBC Contacts

Officers:

President - Kathy Storm (563) 355-2564 kbstorm@aol.com
Vice President - Warren Power (563) 391-5466 warrenpower@mchsi.com
Recording Secretary - Jane Garrett (563) 441-9115 jag@revealed.net
Treasurer - Darlene Moritz (563) 386-3499

Board Members:

Terry Burke	Andy Horst	Joe Jamison
Jean Kelly	Dave Lefever	Deb Mathias
Charlie Sattler	Bill Wiebel	Rick Wren

Key Contacts:

Annual Dinner - John and Barb Wessel (563) 359-8350
Competitive Events - Terry Burke (309) 797-3790
Du-State-Du Duathlon - Kentley Lowesnstein (563) 359-5974
Endurance Rides - Joe Jamison (309) 755-6801
Fall Foliage Ride - Deb and Dean Mathias (309) 787-6547
Fast Rides - Bill Wiebel (309) 755-1859
General Meetings - Warren Power (563) 391-5466
Heartland Century - Bill Wiebel (309) 755-1859
Leisure Rides - Jan Reynolds (309) 797-2072
Membership Administration - Anne Flesichman (563) 332-4212
MidPaced Rides - Jim Karr (563) 441-9115 and Kathy Storm (563) 355-2564
Newsletter Editor - Barbara Campagna (563) 359-3379
Publicity - Jean Kelly (563) 359-9508
QC Criterium - Terry Burke (309) 797-3790
QC Triathlon - John Punkiewicz (309) 788-7544
RAGBRAI - Andy and Perm Horst (563) 381-3488
Ride Schedule - Bill Wiebel (309) 755-1859
TOMRV - Susie Laforce (563) 355-5030
Website - Cy Galley (309) 788-3238

Club Website:
qcbc.org

Membership Count: 2/1/02
Individual 437
Couple 50
Family 662
Total 1149

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

Club Meetings: Held at 7PM on the third Tuesday of every month during: January, February, March, April, May, September and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K hardware.)

Submitting Articles for newsletter: Deadline is the 10th of the month. Email to: qcbceditor@yahoo.com or send to: QCBC Editor, 3327 Lorton Ave., Davenport, IA, 52807

Major Activities of the Club Include : Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include : 11 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and the Heartland Century.

Spring Picnic

Sunday, 04/28/02

Noon to 5 p.m.

Loud Thunder Forest Preserve. Pack up a dish to pass, and head out for a great spring drive along Illinois Rt 92. Drive "slowly" through Andalusia, then continue west another 5 miles along the Mississippi River. Watch for the Loud Thunder Forest Preserve signs. Take a right onto the scenic highway through the park. Shortly after you pass over Lake George and climb back up the hill, take a left. Look for the QCBC/FORC signs to the pavilion. There will be a road ride in the morning, yard games, nature hikes, and a picnic served up by your Friends of Off Road Cycling.



Tour of the Islands 2002

February 24th

Mike Middlemiss

Forty-five brave souls faced the 40 and 50-degree winter weather to ride 25 miles around or across the tropical islands of the QCA.

Cookies, beverages and a playing card (yes, this was a poker rally as well as a ride) were provided at all the islands and most people ate lunch at the 11th St. Bar and Grill in the Village of East Davenport.

A free lunch for the highest and lowest hands were won by Michael Zugmaier and Gary Hartzler and the \$25 Gift Certificate was won by Andy Horst, conveniently picked by Perm Horst.

Many thanks to Perm, who along with Jane Belsky, helped me "man" the sag stops.

Incorrect E-mail Addresses

As you may or may not know, the Internet Service Provider *@home*, has discontinued in existence. It has been taken over in some places by *@mschi*. The membership directories were printed just prior to the switch, so any e-mail address *@home* should be changed to *@mschi*. If you are an *@home* user, please contact our membership person and inform her if your e-mail address has changed to *@mschi*, or you've gotten a new service to completely take over your e-mail. The easiest way to get a hold of her is at qcbcmembership@netzero.net.

Help Keep Iowa Roads Litter Free Submitted by Kathy Storm

The QCBC is entering its 11th year as participants in Iowa's "Adopt a Highway" program. Last year we received an award from Governor Vilsack for maintaining the same 2 mile section of Old Highway 61 (Scott Park Rd) in Davenport, near Deere Davenport Works.

I hope many of you will consider helping out on this worthwhile community service project again this year. The dates for 2002 are: Monday, April 22, Monday, July 15 and Wednesday, September 25.

The starting time is 5:30PM. It takes about 90 minutes with a group of 8-10 volunteers to pick up the trash. Meet at the parking lot between the soccer fields and Window Experts. Please wear long pants, heavy shoes and work gloves. Heavy orange trash bags are provided by the DOT.

Ride Schedule 2002 – 2003

Bill Wiebel, Ride Schedule Chairperson

By now, all QCBC members should have received the 2002 – 2003 Ride Schedule and Membership Directory. The Ride Schedule Committee hopes that you find this booklet to be useful for the upcoming year. We also hope, that you have a chance to go through the entire booklet. There is a lot more in there, than just the ride listings and phone numbers.

Many people spent many long hours in developing the booklet. We hope that it meets the expectations of the membership. As always, we are open for new ideas. Be sure to let us know your thoughts. We tried to make all of the information as accurate as possible. We realize, however, that mistakes can occur. Be sure to let us know, if any are found.

The look of the booklet and the content are very similar to previous years. There are, however, a few changes and updates. Some of them are:

- Our mission statement was added to the first page.
- A page about the history of the club was added.
- The number of mid-pace rides was increased. There are now mid-paced rides every Saturday and Sunday, April through October.
- The number of night rides was increased. They are now scheduled for October and November, rather than just October.
- The starting locations for the Tuesday and Thursday evening rides have changed.
- Ride leaders for the Fast Paced rides have been eliminated.
- The mountain bike (FORC) ride schedule has been listed separately and is at the end of the booklet.
- The trail information page was updated.

We hope that you find the changes and additions to be beneficial for the upcoming year. We have also done our best to assure that group riding opportunities continue to be available for all members.

As mentioned, many people spent much time in developing the booklet. We would like to give special thanks to the members of the Ride Schedule Committee. They are: Joe Jamison, Jim Keyoth, Jerry Kruse, Dean Mayne, Vivian Norton, Kathy Storm, Cathy Wiebel, Bill Wiebel, and Rick Wren.

We would also like to give thanks, in advance, to the many ride leaders, event leaders, and all other volunteers for the upcoming year. People, giving their personal time, is definitely one of the strengths and one of the great things about our club.

For Sale

Graber “The Hitch-Hiker Series” bicycle carrier.
Mounts in a 2” trailer hitch receptacle. Includes a locking hitch bar retaining pin.
Holds 3 bicycles. Like new condition. Used only 3 or 4 times.

All for only \$75.

Contact: Robert Jones @ 563-289-5647

QCBC CENTURY DAY

7:00 a.m., April 7th, 2002
Empire Park, Hampton, IL

This year marks the second year for the brevet style running of QCBC Century Day. If you missed Century Day last year, you won't want to miss it this time around. Those who did the 2001 version braved some of the most difficult conditions the weatherman could throw at them. But that was a tough group and we expect to see most of them back for 2002. The courses will be the same as last year, which are all basically flat. Just what an early distance ride should be.

If you're new to brevet events, they call for a mass start with liberal time limits requiring an overall minimum pace of 10mph. There are checkpoints at approximately 40 mile intervals where brevet cards are signed verifying the riders passage.

Time limits for each distance in order to qualify as "official finisher" are:

100K (62 miles)	6 Hrs 30 Mins	Cost is \$7.00
100Miles	10 Hrs	Cost is \$10.00
125 Miles	12 Hrs 30 Mins	Cost is \$13.00

Engraved medals with finishing times will be available to official finishers at the Annual Dinner. Registration must be postmarked by 01 April 2002. Late entries will be returned.

For further information, contact Joe Jamison at: 309-755-6801 or jmsnj6@aol.com

ENDURANCE RIDING SEASON IS HERE

Well, some say the season for endurance cycling never ends. A look at some of the mileage being recorded by local and Midwest riders goes toward giving this opinion credibility. And now, because these riders make cycling a year around discipline, they're ready to start the new "season" running, er...pedaling!

Look for registration and waiver forms elsewhere in this newsletter for these rides or contact Joe Jamison for information.

06 April	125 miles	Eastern IA 200K	Eldridge, IA
07 April	100 miles	QCBC Century Day	Hampton, IL
07 April	125 miles	QCBC Century Day	Hampton, IL
13 April	200 miles	QCBC EZ Dbl Cent	Hampton, IL
27 April	200 miles	Metamora 4X50	Metamora, IL
04 May	185 miles	Eastern IA 300K	Eldridge, IA
11 May	200 miles	Balltown Classic	DeWitt, IA

More information about local and regional endurance bicycling can be found at www.big-dogs.org

Pedaling Advocacy **By Chuck Oestreich**

You've heard the arguments: If we didn't have paths, we could use the funds to make our roads better for bicycling. Big cars and little bikes don't mix; we need paths. You're safer on a path. No, you're safer on the road.

Here are some wise words on the subject from the California Bicycle Coalition by way of the League of Illinois Bicyclists. Written by Richard Fries, it's called "The Marketing of Advocacy."

The rail trail has done more to foster the use of bikes than anything done by bike clubs, event promoters, bike shops, advocacy groups, and even know-it-all cycling journalists combined. And in an odd marketing twist of fate, the observed bike traffic on parallel roads actually increases after a path's construction. Build a bike path and the number of cyclists on the nearby roads - defying logic - actually increases. Everybody around the path starts riding more.

But bicyclists are still arguing. The argument against paths runs sort of like this: bikes are vehicles that belong on the roads with every other bus, car, cab, truck, drunk driver, gun-racked pickup, muscle car, SUV, cement mixer, etc. And if we accept bike lanes and paths, we - as cyclists - will be herded into linear concentration camps, both politically and physically, and denied our rights to the road.

By cold elements of reason and the Constitution there might be an argument here. But by the stiffer laws of marketing, there is simply no argument. Bike lanes, bike signs, bike paths, all work not because they garner, or guarantee, cyclists a share of the road. But bike lanes, bike signs, bike paths work because they do garner our cause some mind share.

The first marketing task we have is to make our product - a lifestyle we believe in - more accessible. The auto industry worked to make cars the primary transportation system in America by shaping our mind. Traffic symbols are probably the first thing that children learn to read in America. Heaven forbid we should let the government build paths and lanes and signs for bikes, eh?

The second marketing principle we need to respect is the need to make it cool. The chicks, the thumping music, the neon, the sunsets and wag of a tachometer all swirl together to make me want a car. Take a class of high school students, show them a guy in a button-down shirt and pants clips with a 1978 Bell Biker helmet aboard a 1974 Motobecane. Sure, the guy's admirable to me, but the kids are gonna bolt for the exits. Show 'em Marty Nothstein, Carmen Richardson, Lars Tribus, George Hincapie and you have a chance to hold their interest.

Thirdly, we need to quit dividing the bike market. We need to embrace tattooed helmetless messengers, dope smoking mountain bikers, narcissistic racers, and car-driving suburbanites who love bikes, too. They might be jerks, but they're our jerks and they're part of our tribe. Having a legal right is far different than having a market - and political - mandate.

With paths, lanes, parks, rail trails, velodromes and successful events pumping cyclists of all stripes, shapes and speeds onto the landscape, the rights of cyclists will not be issues. Making enough room for them will be an issue.

QCBC EZ 200 Registration Form

6:00 a.m., April 13th, 2002
Empire Park, Hampton, IL

Name (please print) _____
Age _____
Address _____
City/State/Zip _____
Phone _____
E-Mail (optional) _____

Fee for participation is \$15.00

This is an unsupported event. Only the cost of researching the route, "marketing" and handling registration etc is compensated by your rider fee. Organized by the Quad Cities Bicycle Club Endurance Cycling Team.

Make checks out to: *Quad Cities Bicycle Club*

Address registration and check to:

Joe Jamison
1101 20th Avenue
East Moline, IL 61244

All registrations MUST be postmarked by April 7th, 2002

Release and Waiver Statement

In order to participate in the QCBC EZ 200 Double Century, the following must be completed fully and signed.

I, the undersigned, knowingly accept and fully understand the inherent risks involved in bicycling events. In consideration of acceptance by the sponsoring organization, Quad Cities Bicycle Club, of my registration to participate in the **QCBC EZ 200 Double Century**, I hereby, for myself, my heirs, and assigns: release, indemnify, and agree to hold harmless the sponsoring organization, Quad Cities Bicycle Club, its directors, officers, employees, agents, and participants who may be performing official functions for the ride, from any and all actions claims, demands, administrative proceedings, judgments, or decrees, including attorneys' fees, of any kind that may arise out of my participation in this ride. I understand that in the event of injury, that all any medical costs incurred will be my responsibility. I represent that my physical condition, as well as my equipment, is to the best of my knowledge adequate to allow me to safely participate in this event.

Participant's Signature

Date

Parent or guardian signature (if under 18)

Date

Name of adult accompanying minor

Tampico Fest Bike Ride

Tampico, Illinois, Sunday, June 23th, 2002.
Submitted by Don and Shirley Lester

Registration Times: 8-9 a.m. for 19 & 40 mile rides. 9 a.m. - 9:30 a.m. for 6 mile ride
Fee: 18 or 40 mile ride - \$15 6 mile ride - \$12 adult or \$8 child (under 14) (must be with an adult)

Registrations received by June 12th will include a "Tampico Fest Bike Ride" T-shirt.

This bike ride winds its way through a gently rolling, scenic farming area. All rides start and finish in Booth park, which is on Booth street about a block northeast of the water tower.

The Tampico Fire Department is holding their annual Pancake Breakfast at the fire station on Main Street, just north of Market Street from 7 a.m. to noon.

Send ride applications to: Tampico Fest Bike Ride, C/O Don Lester, PO Box 623, Tampico, IL, 61283-0623. 815-438-7447, dlester@cin.net

Name _____ Address _____
City _____ State _____ Zip _____
Age (if under 18) _____ Phone _____
Date _____ Signature _____
Fee Pd \$8 \$12 \$15 Email _____
Parent or Guardian Signature if under 18 _____
T-shirt size S M L XL Route Option 6 18 40

By signing this form, I realize there are some risks of bodily injury while participating in this event. I hold the Village of Tampico and all sponsors "Hold Harmless" for any injuries or damage.

BIKE-A-THON 2002
American Cancer Society
FAMILY BIKE-A-THON ON THE GREAT RIVER TRAIL - Illinois
6-mile, 11-mile, and 18-mile rides
Sunday, May 5th, 2002 2:00 - 5:00 p.m.
Registration - 1:00 p.m.
Moline Ben Butterworth Playground Pavilion
(east of Marquis Harbor)

Refreshments provided during the ride by Old Country Buffet.
Helmets are available through the Children & Safety Program.

Proceeds go to help the American Cancer Society provide local cancer education and support as well as national cancer research.

American Cancer Society
Family Bike-A-Thon Team Entry Form

Name: _____
Address: _____
City/State/Zip: _____
Phone: _____

Entry Fees Enclosed: \$20 adults \$10 youth

Shirt Sizes: S M L XL XXL

PARTICIPANT ENTRY FEES DUE APRIL 27TH, 2002 TO QUALITY FOR T-SHIRTS.

For additional information & sponsor sheets, please contact the American Cancer Society at 794-0601 or John Cravero at 788-7647 or john-cravero@augustana.edu

Kick-In' Tailwind Escapade



Make plans to fly *The Kite* (the Kick-In' Tailwind Escapade)

Here comes spring and it's time for our annual tailwind ride.

Here's the scoop: The ride will take place on Saturday, May 18th, 2002, and we'll bike from any of four locations, depending upon which way the wind is blowing that morning. We'll load bikes at one of two locations – the Butterworth parking lot near the Case/New Holland plant if we're going east or south, or Scott Community College, if we're heading west or north. How will you know which way to go? The information will be on Dan DeMay's answering machine – after 6:00 p.m. on Friday, May 17th. You'll also find out if the ride's a go for Saturday, or put off until Sunday because of extreme weather.

Promptly at 6:00 a.m. our bus transportation will leave for an approximately two-hour ride into the wind. Around 8:00 a.m. we'll disembark, unload the bikes and you'll take off for a 100 mile KITE ride, with the wind at your back the whole way (we hope.) Be there about 5:30 a.m. to load bikes. You can bring a blanket to protect your bike during transit.

There will be SAG with refreshments during the ride.

Fill out the form on this page, sign the waiver, and send it along with a check for \$20.00 made out to **QCBC-KITE** Ride. Do it quickly because registration is limited. It'll be first-come-first-serve, with postmarks determining the cut-off. Also, if you wait until April 30th or later, your registration fee will be \$25.00

Dan's phone is 309-755-6768. Call him if you have questions. And, make sure you call him on Friday, May 17th, after 6:30 p.m., to find out where to meet. Mail the form and fee to: Dan DeMay, 356 – 38th Avenue, East Moline, IL 61244.

Name: _____ Phone: _____ Date: _____

Address: _____

Here's my \$20.00. Please register me for **KITE**, the Kick-In' Tailwind Escapade of the spring.

In order to participate in **KITE** the following must be completed fully and signed in ink.

I, the undersigned, knowingly accept and fully understand the inherent risks involved in bicycle touring. I understand and agree that I must wear my helmet at all time while riding **KITE**. In consideration of the QUAD-CITIES BICYCLE CLUB, its directors, officers, employees, agents and participants who may be performing official functions for the ride, from any and all actions, claims, demands, administrative proceedings, judgements, or decrees, including attorney's fees, of any kind that may arise out of my participation in the **KITE** ride.

I also hereby consent to and authorize emergency medical treatment in case of injury. I understand that any medical costs will be my responsibility. I represent that my physical condition, as well as my equipment, is to the best of my knowledge adequate to allow me to safely participate in the tour event.

Participant Signature: _____ Date: _____

Parent or Guardian Signature (if under 18): _____ Date: _____

NEW MEMBER LIST FOR APRIL 2002

Name	SPOUSE	CITY	STATE	PHONE
Dan Michaels		Buford	GA	770-271-2742
Robert Gillman		Bettendorf	IA	563-449-8171
E.M. Jones		Bettendorf	IA	563-332-8455
M.B. Jones		Bettendorf	IA	563-332-8455
Drew Major		Bettendorf	IA	563-332-8455
Laura Shrout		Bettendorf	IA	563-343-6051
Steve Campie	Sandy	Camanche	IA	563-259-1570
Robert Schuler		Camanche	IA	563-259-1356
Jim Carey	Mary Beth	Clinton	IA	563-242-6219
Thomas Figge		Davenport	IA	805-886-5588
Ronald Anderson	Heather Caporicco	Davenport	IA	563-323-0532
Jo Anne Faris		Davenport	IA	563-323-1168
Tom Fitch	Sarah Stemarud	Davenport	IA	563-324-5700
Martha Freemole	Tim	Davenport	IA	563-386-9213
Jeff Hall		Davenport	IA	563-323-2910
Gerry Hueser		Davenport	IA	563-359-0987
James King	Karyn	Davenport	IA	563-359-0787
Jeanne Kuhn		Davenport	IA	563-32 -8331
Arnold Kundel	Mary	Davenport	IA	563-285-4676
Ken Lybarger	Sharon	Davenport	IA	563-391-3712
Sue Noble	Brad	Davenport	IA	563-445-0422
Pan Ragan		Davenport	IA	563-324-1689
Scot Schaar		Davenport	IA	
David Weaver		Davenport	IA	563-823-0365
Karen Anthony	Joy	LeClaire	IA	563-289-5925
Robert Jones		LeClaire	IA	563-289-5647
Tim Dugan		Long Grove	IA	563-285-2419
Jean Pfeiffer	Randall	Muscatine	IA	563-381-2729
Scott Bagnall		Chicago	IL	312-580-3800
Rich Huffman		Dunlap	IL	309-242-7008
Steve Golber		Evanston	IL	312-574-7258
Mark Schweertman		Forreston	IL	815-938-2292
Terry Inch		Lynn Center	IL	309-593-2998
Dan Johnson	Jennifer	McHenry	IL	815-385-2080
Ashley Stickney		McHenry	IL	815-385-2080
David Harris		Metamora	IL	309-383-2627
Jessica Baner		Moline	IL	309-762-0089
Terrill Baner		Moline	IL	309-762-0089
Michael Graham		Moline	IL	309-764-4570
Harold Luth	Vida	Moline	IL	309-762-9104
Dennis Meinert		Naperville	IL	630-684-4049
Tom Wolf		Orangeville	IL	815-789-4468
Patrick McGovern		Putnam	IL	815-437-2211
John Justice		Rock Island	IL	309-788-6921
James Ward		Silvis	IL	309-792-8970
Carol Presly	Tim	Taylor Ridge	IL	309-798-5061
Greg Sprott		Taylor Ridge	IL	309-798-2820
Julie McNeil		Wataga	IL	309-375-6548
Susan Potthoff		Manchester	NH	603-625-2788
Brian McAreavy		Branchburg	NJ	908-722-7071
Gregg Stephenson		Columbus	OH	614-561-9342
David Ritter	Susan	Gahanna	OH	614-478-3841
Bob Buck		Westerville	OH	614-891-6084
Matt Meltabarger		Carrolltown	TX	214-796-1922

From the Editor

Barbara Campagna

This is the last entry that I'll make as Editor of the Quad Cities Bicycle Club newsletter – Pedalwheeling. I'm returning to college to obtain my Master's Degree in Psychology/Counseling and then possibly onto earning my Ph.D. Unfortunately, that leaves me strapped for time and I just won't be able to support the newsletter with the time and attention that it truly deserves.

Any one interested in the position of Editor should contact:

Kathy Storm, President: (563) 355-2564

or via e-mail: kbstorm@aol.com

So, as we say when you've been in the saddle too long:

“It's been swell, but the swelling's gone down now.”

Good luck and I hope to see you out on the roads someday!

Barbara



QUAD CITIES BICYCLE CLUB
P.O. BOX 3575
DAVENPORT, IA 52808

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