



# Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — October 2008

## Conquering Going to the Sun Road and Beartooth Pass

### By Dave Thompson

This past summer, Melinda and I took our usual cycling vacation looking for new roads to ride. We decided on Glacier National Park and Yellowstone National Park.

As I always do, I looked for an epic ride course in both places to do a difficult and memorable ride. I had no trouble finding rides that would be difficult, beautiful and memorable.

In Glacier, the obvious choice is Going to the Sun Road. Generally regarded as one of the top five scenic roads in America, this 50-mile route traverses Glacier, going over the Continental Divide at Logan Pass: elevation 6,642 ft. I decided on, what the locals call, the “grand loop”- 138 miles skirting the southern edge of the park before going north and then back on Going to the Sun Road.

I started early from our cabin in Apgar Village (Elev. 3,200 ft.) in Glacier with cloudy skies and 50-degree temps. I headed out of the park and east on U.S. 2 with rolling terrain, following the Flathead River, with Glacier always on the left and the Bob Marshall wilderness on the right.

After about 15 miles, a light rain started to fall, and went on and off the first three hours of ride. Light to moderate traffic. The first obstacle was Marias Pass, the lowest crossing of the Continental Divide north of New Mexico. A moderate gradual climb up to 5,250 ft. in a steady, cold rain.

As I started descending to East Glacier, the sun came out along with a 25-35 mph tailwind. I easily maintained a 45 mph speed down the 3 percent grade to my turn to the north.

In East Glacier, I headed north on Looking Glass Hill Road, immediately heading up the side of a ridge for a 5 mile 1,100 ft. climb. As I broke into the open, I saw mesmerizing views deep into the east side of Glacier. The strong winds became a cross-wind, keeping me occupied trying to stay on the road.



Here's Dave Thompson at the Summit of Beartooth Pass

Finally, I started a technical twisting descent to the intersection with U.S. 89 where I ran into my first road construction. The first 5 miles had been freshly chip sealed and graveled. Not so bad going up, but tricky going down.

Huge rollers followed by a 3-mile 700 ft. climb above 6,000 ft. brought me up on a second ridge. There I started a lightning fast descent into St. Mary's and the start of Going to the Sun. As I cruised into the edge of town, I looked down into a creek bed and saw a mother black bear with three cubs!

Bear sightings are rare in the park, so I felt very lucky. At St. Mary's, I refueled, and 88 miles into the ride I realized I had a monster mountain pass and 50 miles of 25-35 mph headwind to go.

Cont. on page 6

## Key Contacts

### Officers:

President - Phil Schubbe (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com)  
Vice President –  
Recording Secretary – Deb Mathias (309) 787-6547 or [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com)  
Treasurer – Darlene Moritz (563) 386-3499 or [dmoritz@access.net](mailto:dmoritz@access.net)

### Board Members:

Denise Deuthman (563) 441-0131  
Donnie Miller (309) 737-8270  
Terry Burke (309) 797-3790

Ken Urban (563) 326-3427  
Dave Georlett (309) 781-8142  
John Harrington (563) 940-6023

Charles Curry (309)797-9283  
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John Wessel (563) 359-8350

**Quad Cities Bicycle Club**  
**P.O. Box 3575**  
**Davenport, IA 52808**  
<http://www.qcbc.org>

**Key Contacts:** A complete listing of committee chairmen and key contacts is available on the club's web site and in the front of the hard copy ride schedule and membership directory booklet.

**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

**Club Meetings:** Are held twice a year at 7 p.m. on the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Phil Schubbe for program information: (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com).

**Submitting Articles for Newsletter:** Deadline is the 15th of the month. Please try to limit your article to 1 page in length. Email to: [qbceditor@yahoo.com](mailto:qbceditor@yahoo.com) or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page - \$50, and a full page - \$100.

**Major Activities of the Club Include:** Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, annual issue of Ride Schedule and Membership Directory booklet, 10% discount at QC area bike shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

### Affiliated With:



<http://www.iowabicyclecoalition.org>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

## AROUND THE WORLD MILEAGE AWARDS FOR 2008

It's time to calculate lifetime miles to see if you qualify for an around-the-world award. Awards are given for 25,000 (once around the world), 50,000 (twice) 100,000 (4 times) 150,000 (6 times) and 200,000 (8 times). Plaques will be given out at the annual banquet in November. If you can't make it to the banquet, we'll get your award to you. If you've reached one of these milestones, let me know by Oct. 31. Three people have already - Bob Fitzgerald (100,000), Lonnie Cook (25,000) and Dan Combites (25,000). I'll also be compiling total miles for 2008 and printing them in the February Pedalwheeling. For that, send me the number of miles you've ridden from Jan. 1 to Dec. 31 by Jan 10. Also, send the number of centuries ridden in 2008 plus lifetime miles. I think it would be interesting to compare lifetime miles. Send to [ultrabiker@sbcglobal.net](mailto:ultrabiker@sbcglobal.net) or call (309) 764-5030.



## Pushing for Pedaling

Promoting bicycling advocacy  
By Chuck Oestreich

### Easy Cycling in the Windy City

Some weeks ago on a holiday, my wife and I drove to Chicago, parked our car near our hotel for the stay, and then did two days of bicycling around the heart of that great city. It was an exhilarating, yet in some ways exasperating experience.

We whizzed through and around the Loop for much of Sunday morning. At the Thompson Center with the Chicago Picasso looming over us, seeming to breathe down our necks, we were in awe of the valley we were in. For surrounding us were gigantic mountains of building, dwarfing us on our puny two-wheels.

But on the other hand, the Loop was surprisingly full of people, even at 10 a.m. on a Sunday morning. Oh, biking was OK, but we expected more tranquility and almost solitude. Not so. The city was alive and kicking, already on a Starbucks' high.

We visited our old stomping grounds – the campus of Illinois Tech at 33rd Street and State Street, on the south side. Wow! Talk about gentrification. New buildings and cleaned up streets have swaggered through what once was a ghetto, creating a futuristic city. One building, a new student center, is right under a gigantic metal shield enclosing the “L” tracks, effectively erasing the upsetting roar of the trains.

We used Halsted Street to get to the campus. Halsted is laned nicely. It was a joy to use dedicated bike lanes. But most users didn't seem to feel much joy. In fact, just the opposite. They violated every law and bicycling convention in the books. Stop lights. Forget it. Staying in the bike lane? Not if you don't want to.

Riding in and out of cars at intersections? Standard procedure. We hicks from the sticks felt out of place as we waited at stop lights for the green. Few other bikers did.

We went up through the Gold Coast to Lincoln Park and then rode the Lake front path back. Amazing sights and such opulence. On the lake, however, it was only chaos, slightly organized. Between the joggers, vendors, volleyball players, racing bikers, and yes, the abundance of dogs, biking the lake calls for every alert bone in your body.

What lessons can we learn from this?

1. Bikers on city streets have to obey the laws. It's going to come down to force – as in tickets, arrests, even licenses.
2. The more users of an amenity, the more separation is needed. Joggers and bikes don't mix when they reach a saturation point. Our Butterworth trail to the west of the I-Wireless Center is a good model.
3. If you build it, they will come. Chicago has many bike lanes – and they are used. Come on, Quad Cities, let's put that paint down!

Don't get me wrong. We really enjoyed our weekend in Chicago. We would have been stymied if we had to rely on walking, driving our car, taking taxis, using buses or the “L.” Biking was the perfect choice for getting around a crowded city with few hassles. Of course, it helps if the city has gone out of its way to make it relatively easy for biking – as Chicago has.

For biking, it's a toddlin' town.

### Chili Lunch in the Park Ride – Oct. 18

By Bill and Kathy Storm

The 8th annual “Chili Lunch in the Park” ride will be Saturday, Oct. 18, a change from the date on page 22 of the Club Information booklet. This started as a Mid-Paced season finale, designed to allow club members (not just Mid-Paced) to go on various rides and then have lunch (in the park) afterward.

The 35-40 mile 13-16 mph will leave at 9 a.m. from Middle Park Lagoon (along Duck Creek Trail in Bettendorf. If you drive, use Parkway Drive off 18th Street to access the lower parking lot by the lagoon.)

While riders are out on eastern Scott County roads, food will be prepared and lunch served from 11:30 a.m. to 1 p.m., featuring homemade chili, Hungry Hobo sandwiches, fruit, apple crisp, brownies, chips, hot chocolate, cider and pop. The cost for lunch is \$5 for adults, \$2.50 for children ages 7-12, and free to children under the age of 7.

A volunteer is needed to lead another group of riders on a Leisure ride at 10-13 mph for about 25 miles. If someone wants to put together a Family or a Fast-Paced ride, that would be great. Everyone can start around 9 a.m. and meet at the park around noon.

If you're interested in joining the group for lunch, make reservations by 5 p.m. Thursday, Oct. 16 by contacting Bill or Kathy Storm at (563) 355-2564 or [kbstorm@aol.com](mailto:kbstorm@aol.com). Volunteers also are needed to help at the park shelter starting at 10:30 a.m., setting up food, wiping down tables, and putting up the QCBC banner, etc.



## Dark and Stormy doesn't Deter Heartland Crowd

By Scott Swanson

It was a dark and stormy night, leading to a dark and stormy morning.

In Hawaii, there is the Ironman. Well, folks, on Sept. 13, 2008, the QCBC had the Aquaman.

Let's just say that nobody had hydration issues. Hydroplaning was another matter. It was good that the route started on the bike path as Illinois 84 was under 2 inches of water at one point.

In brief, a small cadre of riders showed up at Illiniwek Forest Preserve to ride the Heartland 50-mile, 62-mile, or 100-mile route. In fact, six riders even came out and registered onsite. My, what fools these mortals be!

Mother Nature played with us for a while, first pouring and then letting up, enticing people out on the road, then opening the skies again.

But our intrepid riders grew gills and webbed feet to stay the course. Eight riders did indeed manage the century. Chapeau!

A good number of pre-registrants came out to pick up the highly-sought-after event shirt. Those who registered but didn't make it to the start have had their shirts mailed them.

Although the riders are the focus of any event, volunteers make it happen. Here are the people who came out to do just that:

- Erie Sag Stop: Jeff Glasen, Kathy Loomis
- North Sag and Lunch Stop at P&P Industries: Kat Greer
- Cordova Sag Stop: Jerry Hess, Jean Kelly, Joe Jamison, Phil Schubbe
- Registration and Records: Kat Greer
- Route Marking: Bill Wiebel

Thanks to The Trek Store, Healthy Habits, and Jerry and Sparky's for their continued support.

Winners of the \$25 certificates from Jerry and Sparky's were Jackie Carlson, Gene Conrad, Steve Morford and Bill Telle.

Again, thanks to all who made this happen. See you next year.

### RAGBRAI registrar needed

RAGBRAI Registrar for the Quad Cities Bike Club. Position needs to be filled by Dec. 1, 2008. Contact Darlene Moritz at [dmoritz@access.net](mailto:dmoritz@access.net) or (563) 386-3499.

### Planning Meeting – 2009 Mid-Paced Rides

A planning meeting for the 2009 Mid-Paced Ride schedule will be held in November, with a date and time to be set in late October, depending on schedules.

If you'd like to help set up the schedule for Mid-Paced rides next year, let Kathy Storm know when you'd be available for an evening or weekend meeting. Contact her at [kbstorm@aol.com](mailto:kbstorm@aol.com) or (563) 355-2564.

### Adopt-A-Highway Event Oct. 6

The fall QCBC Adopt-A-Highway will be held at 5:30 p.m. Monday, Oct. 6. Meet at the gravel parking lot west on the soccer fields near the intersection of Scott Park Road and F55 (Mount Joy Road).

The ditches along a two-mile stretch of highway will be cleaned up by volunteers. Please wear appropriate footwear and clothing to walk in steep banks and tall grass.

Participants will be rewarded with pizza afterward. Rain date is Wednesday, Oct. 8.

For more information, call Ken or Julie Urban at (563) 326-3427.

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## October Fall Foliage Ride

**By Deb and Dean Mathias**

Join us for the 2008 QCBC Fall Foliage Ride in Mt. Horeb, Wis. Oct. 11-12. We'll begin riding at 9 a.m. Saturday, Oct. 11 from the Military Ridge State Park Trail parking lot.

Travel distance to Mt. Horeb is about 140 miles from Davenport. We'll drive to Mount Horeb on Friday evening, Oct. 10.

Mt. Horeb (<http://www.trollway.com/index1.html>) is known for life-size trolls carved into tree trunks along its main street. Visitors are encouraged to take a leisurely "[Troll Stroll](#)" to enjoy these unique characters.

A cycling route on quiet country roads promises more than a few hills both days, with some flatter options. A town with lunch opportunities will be the destination both days before the return ride on different roads.

The Military Ridge Bike Trail (crushed limestone) is an option for cyclists who prefer a flat terrain. The trail runs west to Governor Dodge State Park and east to Verona, just outside of Madison. A trail pass is required.

Mountain bike trails are in Blue Mound State Park just west of Mt. Horeb with a connection spur to the Military Ridge Trail.

We would like to know how many people to expect. Call Deb and Dean Mathias at (309) 787-6547 or e-mail [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com) if you plan to join us for the ride. Also, give us a head count of people who would like to join the group for a scrumptious Italian dinner that Saturday night. People not riding are welcome to join us for dinner also.

You are responsible for making your own room reservations. A block of rooms has been reserved at the Karakahl Country Inn ([www.karakahl.com](http://www.karakahl.com)) with indoor pool. The rooms will be held until Sept 5. Mention the QCBC for a group rate of \$62.95. Call Wally at (888) 621-1884 or (608) 437-5545 to reserve your room.

Rooms also are available at the Village Inn Hotel ([www.littlebedder.com](http://www.littlebedder.com)), which is adjacent to the Military Ridge Bike Trail. Call (608) 437-3350

Some Bed and Breakfast facilities also are available in the area. Check the Mt. Horeb Web site for more information.

Camping possibilities are two nearby parks:

Brigham Park – 112 acres with a spectacular panoramic view, about seven miles west of Mt. Horeb

Blue Mounds State Park about 10 miles west of Mt. Horeb. For information, call (608) 437-5711 or (888) 947-2757.

**Bring along non-cycling family members to enjoy points of interest in or near Mt. Horeb:**

Troll Walk (Carved trolls)

Mt. Horeb Mustard Museum

Military Ridge Bike Trail

Blue Mounds State Park

Brigham Park

Stewart Park

Little Norway [www.littlenorway.com](http://www.littlenorway.com)

Cave of the Mounds (608-437-3038)



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**Dave Thompson, cont. from page 1**

The first 8 miles were into the howling wind, with no shelter along the lake. Finally, I moved into the shelter of the rugged mountains and could ramp up the speed. I left the lake behind, turned a corner and the 12-mile 2,200 ft. climb began. Never steep, mostly 4-6 percent, breathtaking scenery, rugged rock formations and moderate traffic on the typical Montana chip and seal roads.

At 8 miles in, I broke out into the open and could see the road far above me crossing Logan Pass. The road has been designed to be driver friendly with only one huge switchback on either side of the pass. After I went through the 180-degree turn, it was one huge 3-mile ramp to the summit. I hit snowbanks with a mile to go and the only tunnel.

The drop-off to the left was about 1,000 ft. to the valley floor. At the top, the wind returned as I stopped at the visitor center. It was 52 degrees at the top with 50 mph gusts of wind. Some of the hiking trails were closed because of a wind advisory.

I had a 18-mile descent on the side of a mountain into this wind. As I started down, I had to detour around a crowd taking pictures of a mountain goat herd in the road. The drop to Apgar was the most technical I've ever done. Not steep, but twisting, curving, waterfalls onto the road, drains built into the road, potholes and cars going slower than me.

Some major construction appeared about 6 miles down. The road was being rebuilt. For the next 5 downhill miles to the west tunnel was rock, dirt and gravel. You can imagine the problems keeping this road in shape, as it is under snow 8 months of the year, with some parts having 30-40 feet of snow on it.

After the construction ended, I still had to watch for dips and potholes as I descended to Lake McDonald. From there, it was a gradual downhill to the hotel, with protection from the wind via the heavy forest. After leaving at 8 a.m., it was almost 7 p.m. before I finished. My totals were 138 miles in 9.5 hours of riding with 10,410 ft. of climbing. I would definitely classify this ride as an epic!

## **Beartooth Pass**

Four days later, I headed out for my second epic ride. Ever since I had watched a PBS special on cycling over Beartooth Pass, I had dreamed of doing this ride. My original plan was to be shuttled to Red Lodge, Montana and ride back to our lodge in Canyon Village in Yellowstone. That way I could do the longest continual climb in the continental U.S. - 30 miles and 5,500 ft. of elevation gain. But I couldn't get the details worked out so I drove to the northeast gate of Yellowstone and ran it as an out-and-back to the west summit.

A lovely sunny morning greeted me as I started to climb out of the park and through Cooke City. Most people in town were on ATVs, dirt bikes or mountain bikes. A one-mile climb brought me to the summit of Colter Pass and then a wonderful 5-mile descent into the valley.

A quick 8-mile run through the valley made me realize the morning winds had arrived pushing me along. Suddenly, I hit the base of the climb at 6,900 ft. and started up the "easy" side of the pass. The first 5 miles were 5-7 percent and plenty tough, even with a tailwind.

I gradually climbed along a ridgeline on excellent pavement with some traffic, mostly motorcycles. A half mile of false flat helped recover a bit, then 5 more miles at 5-6 percent. Gradually, the terrain got more rocky and rugged. Halfway up, I descended for a mile and then a half-mile of flat along an alpine lake. From there the climb was 4-5 percent steady through alpine meadows and along another ridge.

With 4 miles to go, I looked up and saw cars high above me crawling up switchbacks to the summit. Finally above treeline and exposed to the elements, I realized I would have a very tough ride back into the wind. I cruised up the last long ramp to the west summit at 10,942 ft., the highest pass in Montana and Wyoming (the border is on the summit.). That was 4,005 ft. of climbing in 21.4 miles. I didn't stick around long as it was about 50 degrees and very windy. There was plenty of snow and, in the aptly named Iceberg Lake, some big chunks of ice.

Despite the moderate grades, the descent was tricky because of the wind. Once I got below treeline, I just sat on the bike and rode 30-35 mph for most of the descent. Into the valley I battled the wind until the climb back up Colter Pass. It proved to be a surprisingly difficult climb considering the one I had just done.

Five miles and 1,100 ft. to the top where I then had a gradual descent back into the park. I still needed 20 miles for a century, so I rode through the Lamar Valley in the park for 10 miles before turning around and riding the 25-35 mph tailwind back to the finish.

Incredible scenery along with some of the most rugged terrain I've ever seen. For the day, I had 101.3 miles with 7,515 feet of climbing. One thing that was great to see were dozens of bikers going up and down both ways.

## Ride to McCausland for Pancakes

**By Kathy Storm**

The Labor Day weekend brought beautiful weather and nice cool temperatures. More than 20 QCBC members and guests met at Eastern Avenue Park in Davenport for a ride to McCausland.

My husband, Bill, passed around a sign-in sheet, had everyone introduce themselves and described the route - Jersey Ridge Road, to Mt. Joy Road, then north on Utica Ridge Road and right on St. Ann's into McCausland.

He said we'd need to walk our bikes in McCausland, which was hosting a large car show, 5K run, and small carnival, in addition to the wonderful pancake breakfast at the fire station. He mentioned sharing the road and riding single file when needed and regrouping at the turns.

The group headed east along the Duck Creek Trail and turned on Spring Street. Then we went north to Kimberly Road and wound our way around back streets and turned left onto Jersey Ridge Road.

At this point, Jersey Ridge is a nice, four-lane concrete road where oncoming cars can pass a group of 20+ cyclists without much problem.

As a ride leader, I don't worry much about members riding two abreast here or calling out "Car Back." The group was having a nice time visiting with each other and the pace was moderate enough that we stayed together.

After crossing the intersection of Jersey Ridge and 53rd Street, the four-lane goes down to an older two-lane concrete road. As a major artery out of Davenport, it has a fair amount of traffic. This is where "sharing the road" began.

There were a handful of members who didn't want to "share the road" that morning. I was concerned at the lack of willingness by some to ride near the right hand side of the road when many other members were calling "Car Back".

This was just south of the Interstate 80 overpass which has limited visibility for traffic traveling north. I even saw a car coming towards us that had to use the gravel shoulder to get by our group. They couldn't figure out what a cyclist was doing riding down the middle of the road and sometimes in their lane. Good grief!

Riding single file, or a tight two abreast, is the law in Iowa and Illinois where our club regularly holds club rides. Riding three or four abreast is NOT legal anywhere in the U.S. on city, county or state roads. I have ridden with almost everyone who was on this ride on other rides. All of us know the "Rules of the Road." But some of us "lost" our good judgment; riding wherever we pleased that morning. The decisions we make on how we observe the "Rules of the Road" affects other cyclists. Motorists lump ALL of us together.

There was no "regrouping" at turns. The ride turned into "Who can get to McCausland" first. Gone was the "friendliness" that exists on many other mid-paced rides.

As usual, McCausland did an excellent job hosting a wonderful pancake breakfast at the fire station. I especially like this breakfast because the food is very good (scrambled eggs, pancakes, sausage, orange juice and coffee) and reasonable at \$5. Coffee is served as you wait in the long line to enter the station, there are huge doors on the east and west ends of the building so there is good air flow once you're seated and enjoying breakfast. And free refills are offered.

Club members George Van Thorre and Greg Sprott were showing cars they've restored that day. Many of us visited with them. The return ride to Davenport was in smaller groups, each taking a slightly different route back, and at a more

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## Aug. 16 Mid-Paced Ride to rural Rock Island County

**By Bill and Kathy Storm**

A few years ago, I started riding from a new start location in Rock Island County at the prodding of Ruth Sanders. I've grown to like this location and the roads it opens up in southwest Rock Island County.

On Saturday, Aug. 16, 11 mid-paced riders - 10 from Iowa - started from the parking lot of Thermo King at the corner of 81st Avenue West and the RI Expressway.

Mel Bradley and Eric Weeks carpooled on Interstate 280 from west Davenport. Noel Throne road to the ride start from his house just a few miles away. For those coming from central and east Davenport, access is easy using Ill. 92 (Centennial Expressway).

Our ride today took us south along Turkey Hollow Road, which has a fair amount of traffic, but also a paved shoulder most of the way from 85th Avenue to Ill. 192 in Edginton. On route 192, we road west to Edginton and a quick stop at the Gas Station/Quick Mart. Then we continued on 192 west almost to Illinois City. A turn south to Buffalo Prairie added in some nice, scenic rolling hills.

Our return route was through Reynolds. We arrived too early for the two lunch spots in town to be open. So we made a refueling stop at the Casey's. Perhaps on another trip (maybe one starting at 9 a.m.) we can eat lunch in town.

Our ride was 43 miles and at a fairly quick pace. Everyone seemed to enjoy the route, even though it had limited refueling stops in Edginton and Reynolds. Two newer QCBC members, Peter Britt and Guenter Kierblewski, fit right in with the rest of the group - Gary Bowery, Mel Bradely, Bill and Kathy Storm, Neil Throne, Cheryl True, Ken Urban, Eric Weeks and Dick Wolbers.

Thanks to everyone who participated. It was enjoyable riding some different roads in this part of Illinois.

**Quad Cities Bicycle Club**  
**Annual Awards Dinner**  
**Friday, November 7, 2008**

**Please join us for a special evening**  
at The Lodge  
at Spruce Hills Drive and Utica Ridge Road  
in Bettendorf, Iowa

6 p.m. Social Hour, Cash Bar

7 p.m. Dinner

Entertainment and Awards Program following dinner

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Dinner Reservation Form

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Cost is \$25 per person.

Forms must be mailed by Nov. 1.

Please make checks payable to the QCBC.

Mail check and form to: John Wessel, 333 9<sup>th</sup> St., Moline, IL 61265

Questions, call Jennifer at 309-762-4762, or email [jennifer@wpcco.com](mailto:jennifer@wpcco.com)



# October 2008 Club Rides

**Winter Ride Schedule** – October through April

Morning rides start at 9:00 AM and may be shortened or lengthened at the discretion of the riders.

<i>Date</i>	<i>Time</i>	<i>Distance</i>	<i>Start</i>	<i>Leader</i>	<i>Description</i>
Wed Oct 1	9:00 AM	25+ miles	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Thurs Oct 2	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Sat Oct 4	9:00 AM	45+miles 14-16 mph	Orion High School, Orion, IL	Determined by Riders	<b>Saturday Morning Ride-Mid Paced</b> Ride to Bishop Hill
Sat Oct 4	9:00 AM	30+miles 16+mph	Eastern Ave Park Duck Creek Parkway Davenport	Determined by Riders	<b>Saturday Morning Ride-Fast Paced</b> No Breakfast Stop
Sun Oct 5	9:00 AM	40+miles 14-16 mph	Cordova City Park, Rte 84 in Cordova, IL	Determined by Riders	<b>Sunday Morning Ride-Mid Paced</b> Ride to Hillsdale & Erie
Sun Oct 5	9:00 AM	30+miles 16+mph	East end of Ben Butterworth Parkway, Old River Dr. and 55th St. Moline	Determined by Riders	<b>Sunday Morning Ride-Fast Paced</b> No Breakfast Stop
Mon Oct 6	5:30 PM		Scott Park Rd and F55	Ken & Julie Urban 563-326-3427	<b>QCBC Adopt- A-Highway Clean Up</b>  <b>RAIN DATE: 10/8</b>
Tues Oct 7	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Wed Oct 8	9:00 AM	25+ miles	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Thurs Oct 9	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Sat, Sun Oct 11,12	Sat at 9:00am Sun at 8:00am	50+ miles	Mt Horeb WI	Dean & Deb Mathias 309-787-6547	<b>Fall Foliage Ride</b> QCBC's annual ride to enjoy fall colors will be held in Mt. Horeb, WI. See the August or September QCBC newsletter for more information.
Sat Oct 11	9:00 AM	30+miles 14-16 mph	Eastern Ave Park Duck Creek Parkway Davenport	Determined by Riders	<b>Saturday Morning Ride-Mid Paced</b> Rider's Choice
Sat Oct 11	9:00 AM	30+miles 16+mph	Eastern Ave Park Duck Creek Parkway Davenport	Determined by Riders	<b>Saturday Morning Ride-Fast Paced</b> No Breakfast Stop

Check web site for updates and additions to ride schedule format. Cont. Page 10

## October 2008 Club Rides

Sun Oct 12	9:00 AM	30 - 40 miles 14-16 mph	Colona Grade School Colona, IL	Determined by Riders	<b>Sunday Morning Ride-Mid Paced</b> Ride to Geneseo & Atkinson
Sun Oct 12	9:00 AM	30+miles 16+mph	East end of Ben Butterworth Parkway, Old River Dr. and 55th St. Moline	Determined by Riders	<b>Sunday Morning Ride-Fast Paced</b> No Breakfast Stop
Tues Oct 14	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Wed Oct 15	9:00 AM	25+ miles	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Thurs Oct 16	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Sat Oct 18	9:00 AM	25 miles 10 – 13 mph	Middle Park Lagoon, Bettendorf, IA	Larry & Bev Haase 563-508-6606	<b>Saturday Morning Leisure Ride –</b> in conjunction with the Chili Lunch Ride. Join the rest of the riders back at Middle Park Lagoon for lunch. Be sure to see details for lunch reservation.
Sat Oct 18	9:00 AM	40 miles 14-16 mph	Middle Park Lagoon, Bettendorf, IA	Bill & Kathy Storm 563-355-2564	<b>Fast Paced / MidPaced / Leisure Ride - Chili Lunch in the Park Ride.</b> Ride the Duck Creek Trail & Scott County roads. Return to picnic shelter and enjoy homemade chili, sandwiches, veggies, brownies, etc. Please bring \$5 for your lunch and call Kathy by 8pm Thursday evening (10/16) for reservation.
Sun Oct 19	9:00 AM	40+miles 14-16 mph	Meet at parking lot for Boat Landing along Great River Trail in Rapids City, IL	Paul Sullivan & Cindy Bottrell 563-355-7122	<b>Sunday Morning Ride-Mid Paced</b> Ride to Albany for brunch
Sun Oct 19	9:00 AM	30+miles 16+mph	East end of Ben Butterworth Parkway, Old River Dr. and 55th St. Moline	Determined by Riders	<b>Sunday Morning Ride-Fast Paced</b> No Breakfast Stop
Tues Oct 21	7:00 PM		Rivermont School Bettendorf	Phil Schubbe	<b>General Membership meeting.</b> <b>All members are encourage to attend!</b>
Wed Oct 22	9:00 AM	25+ miles	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Thurs Oct 23	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Sat Oct 25	9:00 AM	45+miles 14-16 mph	East end of Ben Butterworth Parkway, Old River Dr. and 55th St. Moline	Determined by Riders	<b>Saturday Morning Ride-Mid Paced</b> Rider's Choice

Check web site for updates and additions to ride schedule format. Cont. Page 11

## October 2008 Club Rides

Sun Oct 26	9:00 AM	30+miles 14-16 mph	Eastern Ave Park Duck Creek Parkway Davenport	Determined by Riders	<b>Sunday Morning Ride-Mid Paced</b> Ride to Buffalo
Sun Oct 26	9:00 AM	30+miles 16+mph	East end of Ben Butterworth Parkway, Old River Dr. and 55th St. Moline	Determined by Riders	<b>Sunday Morning Ride-Fast Paced</b> No Breakfast Stop
Tues Oct 28	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride</b> Ride local bike trail at night! Mt. or hybrid bike is recommended along w/ headlights.
Wed Oct 29	9:00 AM	25+ miles	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Thurs Oct 30	6:30 PM	23 miles 13-15 mph	Eastern Ave. Duck Creek Parkway, Davenport	Bill & Kathy Storm 563-355-2564	<b>October Night Ride &amp; Party</b> Ride local bike trail at night! Mt. or hybrid bike recommended along w/ headlights. Plan to eat after ride at McGuire's (Harrison & 35th St, Davenport). Make reservation w/Kathy at kbstorm@aol.com by 5pm 10/29 if you plan to eat at McGuire'

## November 2008 Club Rides

### Winter Ride Schedule – October through April

Morning rides start at 9:00 AM and maybe shortened or lengthened at the discretion of the Riders.

<b>Date</b>	<b>Time</b>	<b>Distance</b>	<b>Start</b>	<b>Leader</b>	<b>Description</b>
Wed Nov 5	9:00 AM	25+ miles	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Sat Nov 8	9:00 AM	Determined by riders	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Determined by riders	<b>Saturday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Sun Nov 9	9:00 AM	Determined by riders	Hardee's, 425 55th St. Moline	Determined by riders	<b>Sunday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Wed Nov 12	9:00 AM	25+ miles	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Sat Nov 15	9:00 AM	Determined by riders	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Determined by riders	<b>Saturday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Sun Nov 16	9:00 AM	Determined by riders	Hardee's, 425 55th St. Moline	Determined by riders	<b>Sunday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Wed Nov 19	9:00 AM	25+ miles	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.

Check web site for updates and additions to ride schedule format. Cont. Page 12

## November 2008 Club Rides

Sat Nov 22	9:00 AM	Determined by riders	McDonald's on Kim- berly Rd at Eastern Ave., Davenport	Determined by rid- ers	<b>Saturday Morning Ride - Com- bined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Sun Nov 23	9:00 AM	Determined by riders	Hardee's, 425 55th St. Moline	Determined by rid- ers	<b>Sunday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Wed Nov 26	9:00 AM	25+ miles	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499	<b>Wed. Morning Ride – Combined</b> The riders will determine the ride leader, distance & pace. Breakfast stop planned.
Sat Nov 29	9:00 AM	Determined by riders	McDonald's on Kim- berly Rd at Eastern Ave., Davenport	Determined by rid- ers	<b>Saturday Morning Ride - Com- bined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.
Sun Nov 30	9:00 AM	Determined by riders	Hardee's, 425 55th St. Moline	Determined by rid- ers	<b>Sunday Morning Ride - Combined</b> The riders will determine the ride leader, distance & pace. Usually includes a breakfast stop.

### Ride Classification:

**Leisure Rides** – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

**Mid-Paced** – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

**Mid Paced (3 Hour Out & Back Rides)** – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

**Fast Paced** – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

**Rider's Choice** – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule.

## Welcome New QCBC Members!

Linda Steward, St Petersburg, FL, 727-612-9714  
 Barbara Monsholt, Bettendorf, IA, 563-355-2529  
 Robert and Myrna Rakory, Bettendorf, IA, 563-359-9679  
 Jere Wood, Clinton, IA, 563-249-4350  
 Jackie and Susan Carlson, Davenport, IA, 563-271-5496  
 Leonard Jefferson, III, Davenport, IA, 804-605-0334  
 Ryan Moskal, Davenport, IA, 517-937-2428  
 Merlene Heilig, DeWitt, IA, 563-659-2252  
 Dennis and Cathy Jo Albertson, Eldridge, IA, 563-285-8526  
 Bill and Cathy Howard, Moline, IL, 309-762-3371  
 Terry and Barb Lynch, Moline, IL, 309-797-6539  
 Carol Snyder, Morrison, IL, 309-230-2705  
 Michael and Cynthia Aubert, Port Byron, IL, 309-278-5295  
 Reese McRae, Rock Island, IL, 309-721-5431  
 Darcy Willett, Woodhull, IL, 309-737-5789  
 Matt Schmit, Heather Dohrn, LeClaire, IA, 563-289-6703

Membership—Head Count		
Type	Memberships	Members
COMP	20	20
COUPLE	191	382
FAMILY	95	353
IND	428	427
LIFE	4	7
Grand Total	738	1189

# Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

 New ApplicationMembership Type:  Individual \$20/Year Renewal Application Couple \$20/Year

Date of Application \_\_\_\_\_

 Family \$20/Year

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

(Incl. Area Code)

**NOTE:** The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

 Membership in Other  
 Bicycling Organizations

 League of Am.  
 Bicyclists

 League of IL  
 Bicyclists

 IA Bicycle Coalition

 FORC

Please List ALL Names Including Under This Membership Below			Riding Interests	I Can Help With	
Names under this app.	Birthdate	M/F	<input type="checkbox"/> B/Triathlons	<input type="checkbox"/> Annual Dinner	<input type="checkbox"/> Picnics
			<input type="checkbox"/> Camping	<input type="checkbox"/> Computer Work	<input type="checkbox"/> Race Events
			<input type="checkbox"/> Commuting	<input type="checkbox"/> Du-State-Du	<input type="checkbox"/> Ride Leader
			<input type="checkbox"/> Endurance	<input type="checkbox"/> Heartland Century	<input type="checkbox"/> Ride Schedule
			<input type="checkbox"/> Mountain Biking	<input type="checkbox"/> Membership	<input type="checkbox"/> Safety/Education
			<input type="checkbox"/> Racing	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Telephone Calling
			<input type="checkbox"/> Recumbent	<input type="checkbox"/> QC Criterium	<input type="checkbox"/> TOMRV
			<input type="checkbox"/> Tandem	<input type="checkbox"/> Packet Stuffing	
			<input type="checkbox"/> Touring	<input type="checkbox"/> Other	

\*Single adult up to 22 years, using their parent's address as their primary address, may continue on their parents membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club ride or other activity, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

## Liability Release—Signature Required

Individual Membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (spouse) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian for Children under 18 \_\_\_\_\_ Date \_\_\_\_\_

Make all checks payable to: Quad Cities Bicycle Club.

Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to ensure delivery of the next month's newsletter. Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>

Last Revised 9/1/06

Quad Cities Bicycle Club  
P.O. Box 3575  
Davenport, IA 52808

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**ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**

### **Coming Events**

- Oct. 6—Adopt-a-Highway clean-up
- Oct. 11-12—Fall Foliage Ride
- Oct. 18—Chili Lunch in Park Ride
- Oct. 31—Deadline for around-the-world miles
- Nov. 7—Annual Awards Dinner

**Get out and Ride!**

