



# Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — November 2011

## A Trip across America on the Trans Am Trail

By Al Nordstrom

On May 23, Keith Wilson, Steve Morford, and I set out on a journey that had been a dream for a long time – bike from coast to coast across America.

We left Yorktown, Va., on Adventure Cycling's Trans America Trail. Eighty-two days and 4,562 miles later, Keith and I were toasting each other on the shores of the Pacific Ocean and Columbia River in Astoria, Oregon.

Steve left the trip after 800 tough miles in Kentucky due to family obligations. All three of us are recently retired, which gave us the time needed to make such a trek.

The route took us through Virginia, Kentucky, Illinois, Missouri, Kansas, Colorado, Wyoming, Montana, Idaho and Oregon, mostly on lightly traveled, rural roads and through small towns.

There are no major metro areas on the Trans Am. We were self contained – packing all of our own gear. We camped half the time, and spent the other half in motels, hostels, churches, fire stations, and homes.

Steve rode a Raleigh Sojourner, while Keith and I both had Trek 520s. Between the three of us, we had five flat tires; no broken spokes; one set of tires apiece; and two chains. I had a bottom bracket replaced in Colorado and new pedals in Oregon.

Keith bought a new rear rack in Oregon. Steve had a problem with the back disk brakes on his last day in Kentucky. I had to buy a new helmet after the Kansas wind blew mine into the street and it was run over by a truck.

We rode through plenty of heat and humidity from Virginia through Kansas. Our hottest day was 107 (with 25 MPH headwinds) in Ness City, Kansas. We pedaled in the rain five times – and only two of those were significant.

Along the way, we met the famous Cookie Lady in Afton, Virginia; slept in a public restroom on the Blue Ridge Parkway; got locked in a church bathroom; I played drums with a rock band; we had a close encounter with a rattlesnake; and were greeted by Lord Astor at the finish line in Astoria.

We met more than 50 people who were biking all or part of the same trip. There were many more ahead or behind us. Some were in groups, but many were solo riders. It was exciting to meet so many like-minded cyclists with the same dream and ambition.

We got to experience small town, rural America. The people we met in all parts of the country were friendly, generous, helpful, and funny. In Virginia, the farewell we got from everyone was "Stay safe out there." That farewell continued for all 4,500 miles of this trip.



Keith Wilson, left, and Al Nordstrom at Ecola State Park in Cannon Beach, Oregon.

Trans Am contd. Page 6

## Key Contacts

### Officers:

President - John Harrington (563) 940-6023 or [jwhjkh@gmail.com](mailto:jwhjkh@gmail.com)  
 Vice president - Denise Duethman (309) 721-7276 or [neuromanager910@yahoo.com](mailto:neuromanager910@yahoo.com)  
 Recording Secretary - Deb Mathias (309) 787-6547 or [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com)  
 Treasurer - Darlene Moritz (563) 386-3499 or [dmoritz@access.net](mailto:dmoritz@access.net)

**Quad Cities Bicycle Club**  
 P.O. Box 3575  
 Davenport, IA 52808  
[www.qcbc.org](http://www.qcbc.org)

### Board Members:

Terry Burke (309) 797-3790	Laurel Darren (309) 230-2484	Doug McDonald (563) 332-6774
Kevin Kraft <a href="mailto:kkbluenote1@gmail.com">kkbluenote1@gmail.com</a>	Michael Hughes (563) 332-5605	Donnie Miller (309) 737-8270
Don Collins (563) 340-3476	Don Luth (563) 381-3750	Dave Thompson (309) 764-5030

**Key Contacts:** A complete listing of committee chairmen and key contacts is available on the club's website and in the front of the hard copy ride schedule and membership directory booklet.

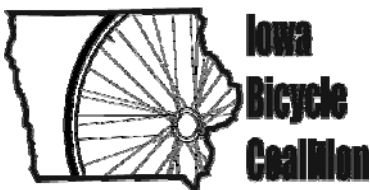
**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

**Club Meetings:** Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

**Submitting Articles for Newsletter:** Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: [qcbceditor@yahoo.com](mailto:qcbceditor@yahoo.com) Free want ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

**Major Activities of the Club Include:** Tailwind Century in Spring and Fall, Spring Picnic, QC Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, annual Membership



[www.iowabicyclecoalition.org](http://www.iowabicyclecoalition.org)



[www.bikeleague.org](http://www.bikeleague.org)



[www.bikelib.org](http://www.bikelib.org)

## Compiling 2011 mileage

Dave Thompson is calculating total miles for 2011, which will be printed in the February Pedalwheeling. Compile miles ridden on a bicycle from Jan. 1 and Dec. 31 and send them by Jan. 10—along with number of centuries ridden in 2011 and your lifetime miles—to Dave at [ultrabiker@sbcglobal.net](mailto:ultrabiker@sbcglobal.net) or call him at (309) 764-5030.

## General meeting held Oct. 18

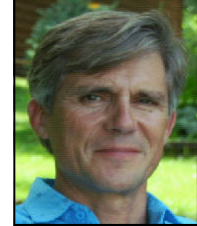
**By Denise Deuthman**

The annual General Meeting was Oct. 18 at The Rustic Ridge Golf Course in Eldridge. After a short board meeting with elections and informative talk by Eldridge Mayor Martin O'Boyle, Bruce Grell, owner of Healthy Habits, showed some of the latest bikes and accessories, followed by a taco bar. The next general meeting will be in March. Watch Pedalwheeling or website for the date and location.



## Let's Ride!

John Harrington, QCBC president



**Don't put that bike away yet; we still have some good riding days to go!**

**Beginner Rides.** Next year we initiate QCBC Beginner Rides. These rides are designed for members and non-members who want to start riding their bikes. The pace will not be fast and the distance will not be long. There will also be plenty of stops with no one left behind.

And there's no need to have a fancy bike or an expensive outfit. The objective is to ride your bike with new friends. Board members Michael Hughes and Donnie Miller have offered to lead rides next year. Please contact me at [jwhjkh@gmail.com](mailto:jwhjkh@gmail.com) if you would like to lead a ride as well.

**Elections.** I am very pleased to announce that Terry "1,000 board meetings" Burke and Doug McDonald have been elected to serve on your board for another three years. I am thankful that Darlene Moritz will continue as treasurer, Denise "best awards dinner ever" Duethman will be vice president and Deb Mathias will remain our recording secretary for another year. I'll also continue as president for another year.

**Cycling Divas.** The QCBC Ladies Ride group has created its own kits. Great job ladies. Contact Bruce Grell at Healthy Habits if you'd like to order one. Be the first in your group to wear "the pink". You don't even need to be a Ladies Ride participant or QCBC member to own one. The initial order has been placed with delivery expected before December 1. Just a thought...Leisure Rider kits?

**Awards Dinner Reflection.** I have one more thought on this year's Awards Dinner. I was so pleased to see so many attendees raise their hand if they'd volunteered for a club activity this year. Volunteerism is one of our club's greatest strengths. I am very grateful to all of you that contribute your time and effort to making our club better each year.

## We Rolled With Bob

By John Harrington

What a weekend for the QCBC and our guests. But first, some heartfelt thanks are due. Special thanks go to Denise Duethman for managing and surviving a nearly five-fold growth in our annual dinner from 50 to 240 guests over the last three years.

Thank you Mike Giudici for donating the Roll with Bob t-shirts and all the Bobke II and 7-Eleven books. The weekend would not have even happened without Jeff Bradley's long time relationship with Bobke.

Thanks also to Trek Bicycle, Healthy Habits, Jerry and Sparky's and Coffee Hound for supporting the dinner and ride.

Our awards dinner featured former pro cyclist and current Tour de France commentator Bob Roll. His popular "Tour Day France" riff was complemented by his personal stories about Lance, friend/teamate Jeff Bradley and, of course, the Tour. What a treat it was to have Bob and Jeff sign more than 50 Bobke II and 7-Eleven books. Carol Foster let us know how important the \$3,000 in proceeds from book sales and the next day's Roll with Bob are to the Handicapped Development Center.

Saturday was a glorious day to enjoy our Roll with Bob Charity Ride. About 80 riders participated in a spirited ride with Bob through Scott County with two SAG stops on the 40-mile route. Bob signed more books at Scott County Park.



Bob Roll and Jeff Bradley



## Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

### Tip your Helmet to the Tip of the Island

It's an unnatural natural gem of the Quad-Cities - that's the Tip of the Island.

The westernmost extension of Arsenal Island, the land and lagoon on the river side of the road (Rodman Avenue) from the Government Bridge to the Sylvan Slough Bridge is a constantly renewing discovery.

It's a land for all seasons. And the best way to take in its wonders is from a bicycle via the connecting links of the bicycle passage, or trail, over the Mississippi River between Rock Island and Davenport. You can drive past and occasionally observe it from your car as you wait for the swing bridge to finish its tow-boat duty.

But nothing beats a slow ride, with occasional stops, along the bike/pedestrian trail next to the road.

The most compelling feature of the Tip is its lagoon, observed most of the year through a fringe of nondescript bushes, trees, and undergrowth, but in the winter open to stunning views of its crown jewels – American bald eagles who make it their resting place between forays after fish churned up going over lock and dam 15.

Just pull off to the side of the trail and look for the brilliant spots of white amid the black backdrop of winter trees across the lagoon. Focus on them and soon our national symbol, sometimes dozens of them, presents its obdurate face and steely sleek body.

But late winter and into spring also brings another large bird to the Tip – the white pelican. Having one of these large billed birds swoop overhead as you're heading down the path is a real spring wake-up.

Sometimes, especially when the river water is low and the lagoon shrinks, great blue herons and egrets visit the lagoon to feast on the fish and other creatures close to the surface. During high water, the lagoon is a significant incubator, or sanctuary, of growing marine life.

But there's more. Cormorants love one particular dead tree on the southern side of the tip, sometimes filling every limb with a crooked-neck silent watcher of the river. Turkey vultures sometimes spiral overhead; flocks of coots bob in the water above the dam; gulls, geese and ducks abound. And, of course, our common small birds swoop back and forth as you wheel along the passage.

All this bird life is just one facet of the interaction of life in the Tip's wildness within the city. Groundhogs occasionally creep up to the path and then scurry away at the approach of a bike. Mayflies and other insects show their presence, sometimes not so pleasantly to us.

But there's more to the Tip than wildlife. History is ever present. The Tip is the site of one of America's first outposts – Fort Armstrong. A mockup of a fort blockhouse and some cannons have become a mini outdoor museum. Observe it as you bike by, or get off and stroll through it.

If you do, be sure to look over the westward edge. There, below, are layers of rock making up a small cliff with some small caves, caves sacred to early native Americans.

Here's what Black Hawk had to say about this site in his autobiography: "A good spirit had care of it, who lived in a cave in the rocks immediately under the place where the fort now stands, and has often been seen by our people. He was white, with large wings like a *swan's*, but ten times larger."

Right next to the old fort location is a bump-out from the trail where a River Action art installation contains a sturdy metal sculpture called "The Gathering Place," created by East Moline artist Kunhild Blacklock. This is a good place to stop and look out over the un-obstructed Tip and its lagoon.

Check out the wildlife living there or in passage. Note the remnants of the rocks and the caves that Black Hawk deemed sacred.

Settle in and let your imagination take you beyond where you are. Yes, you are in the middle of a very industrial and commercialized river, at the heart of the combined Rock Island-Davenport urban concentration.

Sure it's unnatural. Yet isn't it peaceful, almost serene? Isn't it a place of natural beauty, a place worthy of contemplation?

And, as always, isn't it great that you can hardly miss it if you're on a bike?



# First Club Event a Great Experience

**By Bill Warner**

(imridinmybike.blogspot.com)

I hadn't been on any group rides or events after signing up last October and therefore didn't have an opportunity to meet any other club members.

When I heard Bob Roll was the guest speaker I just had to attend the annual awards dinner, not sure what to expect.

First, I had to find Denise to get a nametag as mine was missing from the table. Then I was off to find Janette. Having never met either, other attendees were more than happy to point them out. I found Janette at the book table which is where I was heading.

I introduced myself and purchased my books and had them auto-graphed by Jeff Bradley and Bob.

Meeting Bob made me a bit nervous. I'm not sure why because he is so down to earth. Then Janette introduced me to Don Luth to arrange pickup of items for the charity ride. At our table we were joined by the Rings and Al Nordstrum.

While in line for the buffet we met Dean Mathias and he introduced us to a gentleman in line ahead of us, Charles. After dinner we laughed (I was in tears) and listened to Bob's stories. During the awards ceremony we found out that Al, who was sitting at our table, had reached the 25,000-mile mark.

Afterwards we met up with the Luths and I got the items for Saturday's ride. All in all it was a very enjoyable evening. I met Bob Roll and more importantly, I met other members of the club, which was actually my main goal.

Saturday morning was crisp and sunny as I got my things together to man the sag stop. Janette called to advise me to dress warm and bring a chair. I met James from Healthy Habits at about 10:20 and we set up the table with food and water.

At 11 a.m., 25 to 30 riders appeared with Bob Roll in the midst of them. It was really neat that Bob Roll was just hanging out chatting with who ever. I shouldn't have expected anything less. As the first group set out to the next stop, John Harrington stopped and suggested I take the sag to Donahue.

So once the last few riders rolled in, including Bareback, I packed up and headed north. I passed several bikes on the way and arrived there just as the front pack was turning into (or going by) the ball diamonds where Bruce Grell was waiting.

After unloading the food and water onto my tailgate, Bruce offered to take it to the finish since he had to go back that way. First, I asked if he would take a picture of me with Bob and he said "sure" and Bob obliged.

We loaded up Bruce's car with the food and water and I was off, waving to all the cyclists as they came towards me, the last one being Dean "Bareback" Mathias.

It was a great morning even though I wasn't riding. It was just as fun manning the sag stop. After these two great days, I find myself feeling silly for not joining more rides this past summer. Thanks Janette for the opportunity to help out.



**Bill Warner, left, with Bob Roll**

**Trans Am, continued from Page 1**

Ninety-nine percent of the drivers we encountered were courteous. In every town, the local people are sure the road out of their town is the most dangerous in America.

They were almost always wrong. People worried about our safety. But nowhere did we ever feel threatened or unsafe (except for a few big dogs and one rattlesnake).

In fact, just the opposite. When traveling by bike, many people are willing to start a friendly conversation and open up to you. That would never happen if you arrived by car.

When you travel by bike, you get to experience the sights, sounds and smells of the road. We saw hundreds of butterflies in Virginia. We heard the song birds in Missouri and Kansas, and the cascading of mountain streams in Idaho.

We smelled the honeysuckle and azaleas in bloom all over Virginia. Those are sensations we wouldn't have gotten any other way except by bike.

Read an online journal of our trip at [www.katransam11.crazyguyonabike.com](http://www.katransam11.crazyguyonabike.com)

# LEAVE SOMETHING BEHIND?

If you've changed jobs and left behind a 401(k) or other qualified plan, you could be neglecting one of your most important assets. I can help you manage and monitor your investments, creating a strategy that aligns your retirement savings with your overall financial goals.

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## Mid-paced Ride Schedule Wraps Up

**By Ken Urban**

The last scheduled mid-paced ride schedule was held Oct. 30. The weather looked questionable, but seven brave cyclists showed for a ride from Geneseo to Bishop Hill. Jim Hudson, Sheri Fieweger, Kristin Jordan, Dean and Deb Mathias, and Dave and Melinda Thompson, and I left in a light rain that soon let up.

The rather hilly route of back roads was extra challenging with a strong headwind with gusts up to 25 mph. We reached our destination tired and hungry, and enjoyed sandwiches and sweets at the Bishop Hill Bakery.

We returned on the main highways and with a strong SW tailwind, made much better time. Unfortunately, rain greeted us again as we got closer to Geneseo. Despite the challenges, it was a memorable 47-mile ride.

As mid-paced ride coordinator, I'd like to thank the following people who volunteered as leaders on weekend rides this season. They are an important component of successful rides to map out routes, welcome new riders and make sure nobody gets lost. I encourage other members to help out next year as the schedule resumes in April.

Thanks to Dean Arney, Katherine Bain, Frank Beshears, Phil Chebuhar, Sheri Fieweger, Anne Fleischman, Steve Geering, John Harrington, Michael Hughes, Kevin Kraft, Jason Kratz, Dean and Deb Mathias, Darlene Moritz, Dixon Noxy, Warren Power, Tom Scott, Kevin Smith, Bill and Kathy Storm, Dave and Melinda Thompson, Mike Wilcox and Dick Wolbers.

## Grand Illinois Trail And Parks bicycle tour June 10 to June 15

**By Chuck Oestreich**

The ride begins and ends at Dixon's Sauk Valley Community College, then makes a circular tour through north-western Illinois' country roads and trails.

The route is moderate, with the week's basic mileage at about 235 miles, but extra mileage options allow up to 505 miles. We overnight at three state parks, two nights at The Mississippi Palisades and two nights near the Quad-Cities.

Included are dinners, breakfasts, camping sites, sags, bike repair, T-shirts and door prizes. The ride is limited to 160 riders. For more information, contact: Chuck Oestreich at [chuckace2@gmail.com](mailto:chuckace2@gmail.com), (309) 788-1845, or visit [www.bikelib.org/gitap/](http://www.bikelib.org/gitap/).

# 2011 Hall of Fame Inductee

**GREGORY ZABORAC**

**CATEGORY: ENDURANCE CYCLING-Randonneuring**

Zaborac, a life-long resident of Canton, Ill. was influenced by the activity of Quad-Cities endurance cyclists in the late 1990s and eventually established a commitment to the sport by joining the Quad Cities Bicycle Club in 1999.

He immediately began to make an impression on randonneuring when he entered and officially finished the prestigious Boston Montreal Boston 750-mile brevet.

From there it was no looking back. Zaborac, with his base as an outstanding high school athlete, was made for randonneuring. Mentally tough, strong and sinewy, he has come to be respected by his many riding companions as a man who can be counted on to finish and seeing to it that those riding with him finish as well.

His search for events that challenge him has taken him to Canada, England, Scotland, France and, of course, the United States. This, in addition to the many honors he has received for consistent performance (among which is the International Two Continents Super Randonneur Award) well qualify Greg Zaborac, our first randonneur, for membership in the QCBC Hall of Fame.

**ACHIEVEMENT HIGHLIGHTS:**

1999	PARIS BREST PARIS	750 MILES
2000	POTOMAC PEDALERS 1000K	625 MILES
2001	LONDON EDINBURGH LONDON	875 MILES
2002	ROCKY MOUNTAIN 1200K	750 MILES
2002	BOSTON MONTREAL BOSTON	750 MILES
2003	PARIS BREST PARIS	750 MILES

(Greg; "My toughest event!")



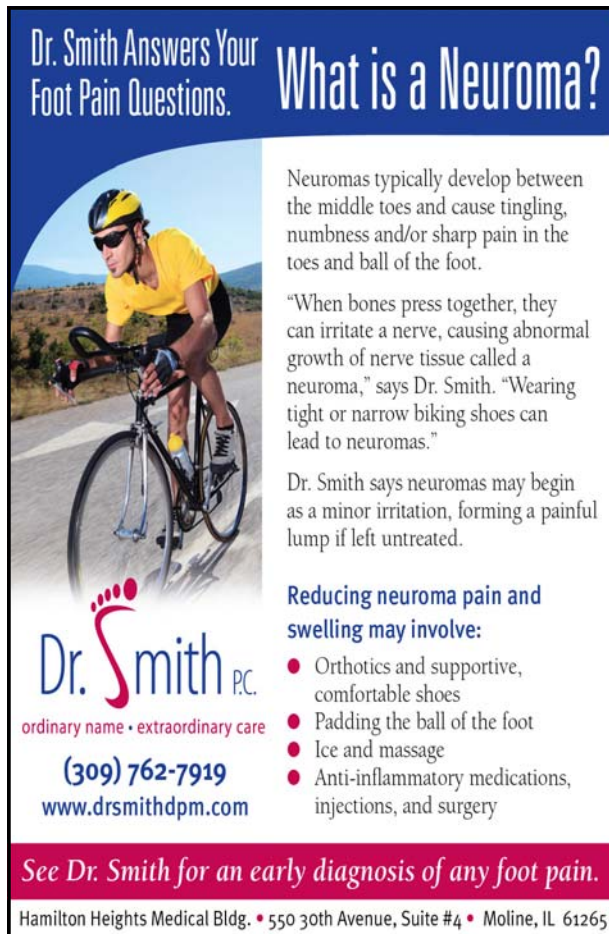
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Dr. Smith Answers Your Foot Pain Questions. **What is a Neuroma?**

Neuromas typically develop between the middle toes and cause tingling, numbness and/or sharp pain in the toes and ball of the foot.

"When bones press together, they can irritate a nerve, causing abnormal growth of nerve tissue called a neuroma," says Dr. Smith. "Wearing tight or narrow biking shoes can lead to neuromas."

Dr. Smith says neuromas may begin as a minor irritation, forming a painful lump if left untreated.

**Reducing neuroma pain and swelling may involve:**

- Orthotics and supportive, comfortable shoes
- Padding the ball of the foot
- Ice and massage
- Anti-inflammatory medications, injections, and surgery

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## Television show sparks interest in railbikes

By Michael Bennett

On a recent railroad documentary on the History Channel, I saw a man riding a mountain bike on a railroad track.

The bike was stationed on the left side of the track, with an outrigger on the right side of the bike, and extra wheels or guides in the front and back front of his bike.

I had never seen this type of bike before, so I decided to do some research. I learned the bike design is called a velocipede.

The technology for the velocipede has been around since 1869 in the U.S., and the 1840s in Europe.

I found videos on on railbiking on [youtube.com](http://youtube.com). My favorites were Hal's railbike, Jeff's railbike, Railbike-Revolution cycles-Eugene, Rail bike adventures, Amsoil railbike, Rail-Biking Spring 2010, and the Brazilian Railbike 1 and 2.

I also found the accompanying and video on youtube.com. It's called The Brazilian Rail Bike 1.

Dick Bentley of Tupper Lake, N.Y., sells plans on how to build a railbike for \$25. Plans must be ordered by: Dec. 15, or April, 1, 2012. Contact him at [rbike.freeservers.com](http://rbike.freeservers.com), (518) 359-9300 or 50 Mt. Arab Road., Box 786, Tupper Lake, N.Y., 12986.

Parts for Mr. Bentley's design are available at a hardware store for \$100.

Mr. Bentley's design is similar to that of Dr. Richard Smart's, but different in design. Railbikes/veliocipedes were used by the railroads for track maintenance., moving workers to worksites, or helping distressed trains. Telegraph companies used them to check telegraph lines for damage or vandalism.

I think Dr. Smart's design was one of the best I found. Dr. Smart, of Coeur D' Alene, Idaho, got a patent for his Convertible Railway Velocipede invention in 1980. See it at [http://www.google.com/patents/about/4230046\\_convertible\\_railway\\_velocipede.html?id=9\\_gtAAAAEB](http://www.google.com/patents/about/4230046_convertible_railway_velocipede.html?id=9_gtAAAAEB). The patent application has 44 technical drawings, invention explanations, overviews, abstracts and claims.

What I admired most about Mr. Smart's invention, was that the guides and outrigger can be retractable into your railbike. A bicyclist easily could switch from rail riding to mountain biking.

Dr. Smart's railbike plans aren't for sale anymore. He's retired and railbiking throughout the world.

Bob Mellin has a \$20 book on where to find abandoned railroad tracks in the U.S. to ride on. Contact him at [Bobmellin@aol.com](mailto:Bobmellin@aol.com), (415) 453-8886 or at Railbike Intl., 1323 San Anselmo Ave., San Anselmo, Ca., 94960.

Railbikes tours are available in Oregon, California, Costa Rica, Japan and Belgium. Check railbikes.com for info on tours and how to buy completed railbiking kits for \$450, plus \$250 shipping and handling.

Anyone interested in local railbiking should contact the railroad first. Riding on railroad tracks without permission is trespassing, and against the law.



## What a Year for Centuries

By Vivian Norton

People who did their first century rides this year were Jim Hudson, Kristin Jordan, Jeffrey Loder, Steve Haacke, Don Collins, Cassie Collins, JJ Condon, Kerry Condon, Justin Harrington and Karl Jahns.

Their names were announced and they received plaques at the annual QCBC banquet. Cheers to them for their accomplishment. We'll look forward to seeing them on club rides in the years ahead.

This shows that riding in a group is encouraging and inspiring because six of those nine first-year recipients did their century on this year's Spring Tail Wind Century Ride, organized by Dave Thompson. He and the volunteers deserve our thanks for their work.





## Inaugural Bike Overhaul Special and WINTER SALE!

We recently purchased a ultrasonic parts cleaner that works magic on whatever parts you put in it. Not only does it remove the nasty stuff that restricts the performance of the parts but has a secondary stage where we're able to ultrasonically lube the components as well. We fed this cleaner a Dura-Ace front derailleur that couldn't be actuated at all and it spit out a nearly brand new derailleur with how good it looked and how well it worked. Get your bike in NOW for a fast turnaround and have it ready to roll for great spring riding.

### The winter overhaul special includes-

- Disassemble your bike down to the frame.
- Ultrasonic Cleaning and Lubing of your drivetrain including;
- (Chain, Cassette, Both Derailleurs and Crank with Chainrings)
- Frames and components get a detailed cleaning.
- Critical interfaces greased and/or lubed.
- No charge for most labor "add-ons" (Tape bars, new tire or cable install, etc.)
- Masterfully Re-assembled and Tuned to like new or better than new condition. (Overall condition of bike and components permitting)
- Includes our ever popular Complete Tune-Up (Shifting, Brakes, Bearing adjusted – All bolts checked – Wheels trued – Overall safety check and Test Ride)

Normally: \$246 For a limited time: Only \$160

And we are going to throw in Shimano SP41 (Dura-ace quality) Shift Cables & Housing (normally \$30) w/ the overhaul!

- 40% off closeout clothing & up to 50% off Shoes
  - Up to 35% off select older model bikes
    - Up to 30% off select nutrition
    - 50% off closeout Handlebar Tape

## 2012 RAGBRAI XL QCBC Preferred Charter Registration RAGBRAI's 40<sup>th</sup> Anniversary

It's that time of the year to be thinking about next summer's RAGBRAI. Tony Buck returns to chair the organizational duties of the QCBC RAGBRAI charter services. I will handle the registration duties and charter applications.

The QCBC RAGBRAI Charter has always been a great experience for those who have joined us and we hope that many new cycling enthusiasts will accompany our charter next summer as well. The 2012 ride will be July 22 - July 28, on a route to be announced Jan. 28.

**BRAND NEW THIS YEAR** – All QCBC Preferred Charter Members are required to register for RAGBRAI TAGS and complete the waiver(s) ONLINE at [www.ragbrai.com](http://www.ragbrai.com). Your group name is Quad Cities Bicycle Club. **YOUR PASSWORD IS - quadcities**, all lower case. If you joined us last year, your info could be stored in their data base, and you would've received an email from them on Nov. 15 informing you of this.

After completing your online RAGBRAI form, fill out our QCBC Preferred Charter Registration form, available in the December and January issues of Pedalwheeling. Our printable charter form is also available on our website ([www.qcbc.org](http://www.qcbc.org)) until Feb. 01, 2012.

Please take your time and **PRINT** your information on our registration form. Be sure to **INDICATE** the dollar amount for your selected services in sections # 3 "RAGBRAI Services" and # 4 "Charter Services", as this saves valuable minutes when we are processing a couple hundred applicants.

**Do not send RAGBRAI any fees.** All club members are to send a check for all fees, RAGBRAI & Charter Services, to the address indicated on the QCBC form. Make checks payable to QCBC-RAGBRAI.

Our registered Charter Members will be privy to the QCBC RAGBRAI newsletters in April, May and June. These contain very helpful information such as hotels for our out of town guests, local training rides, a complete list of what to pack, bike shipping, bike loading, packet pick up, those all important safety tips and much more information showing you why we are the premier charter service for RAGBRAI.

The postmark deadline for sending us your Charter Registration and fees will be Feb. 1, 2012. **You are guaranteed a RAGBRAI TAG by registering with our club.** Please do not register or request wristbands from more than one (1) source. The Des Moines Register does a computer check and will not issue any passes to you if you are found requesting a wristband from multiple sources. Also, our bike club will get penalized.

**Fill out your RAGBRAI XL TAGS application and waiver(s) online, send your QCBC registration form/waiver and all fees to me. We will send in one check to RAGBRAI for the entire QCBC Charter group.**

You must be a QCBC member by Dec.31, 2011 to qualify for our club rates. If you are not a member of the QCBC, or renewed your membership by the end of December, you will need to put your name in the Des Moines Register lottery. If they select you, and we have space available in our charter, we would be able provide you the same transportation, baggage and camping services, but at a higher fee.

Cost for the weeklong wristbands is \$150 each. Transportation to the start of the ride and haul your bags for the week (Full Service Charter) will be \$160, and bus service returning from the ending town to Bettendorf will be \$60 per person. The minimum cost for our QCBC Preferred Charter Service is \$250.

There will be a \$25 processing fee deducted from your reimbursement on all QCBC Charter cancellations/TAG transfers. If you must cancel, please advise us as soon as possible so we can try to resell your TAG if we have a waiting list of potential riders, but realize that there is no guarantee. After July 1, 2012, fees are not refundable.

Campers, trailers and personal vehicles are not allowed in our assigned overnight campsites. Our campsites are for registered QCBC vehicles only. Wristbands must be worn on the bus out, throughout the week and bus back so we may identify our PAID charter guests. There will be no exceptions. We strive to be fair to every one of our guests.

**2012 RAGBRAI 40 - QUAD CITIES BICYCLE CLUB (QCBC) REGISTRATION**

Please read the RAGBRAI 40 article in Pedalwheeling or online edition

**YOU MUST REGISTER FOR QCBC RAGBRAI TAGS ONLINE, BUT SEND FEES TO QCBC**

Use a separate form for each person. You may reproduce this form

**QCBC must have this REGISTRATION FORM and your CHECK FOR ALL FEES by FEB. 01, 2012**

**Make check payable to: QCBC – RAGBRAI c/o Dixon Novy, 704 12<sup>th</sup> Street, DeWitt, Iowa 52742**

**1. PERSONAL DATA** (Please print legibly in all areas) (MM/DD/YYYY)

MR/MS \_\_\_\_\_ NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT/STE/UNIT \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

CELL/CONTACT PHONE \_\_\_\_\_ OTHER PHONE \_\_\_\_\_

OCCUPATION \_\_\_\_\_ E-MAIL \_\_\_\_\_

Name of adult sponsor if under 18 \_\_\_\_\_

**2. TYPE OF BICYCLE YOU ARE RIDING?** \_\_\_ Road/MTB \_\_\_ Tandem \_\_\_ Recumbent \_\_\_ Other \_\_\_

**3. RAGBRAI SERVICES**

**INDICATE SERVICES BELOW**

Des Moines Register Weeklong RAGBRAI TAG	<b>\$150.00</b>	<b><u>\$150.00*</u></b>
Or Des Moines Register RAGBRAI Daily TAG Number of days _____ x \$ 25.00		_____
D M Register "Premium Souvenir Pack" (RAGBRAI XL poster and T-shirt _____)	<b>\$ 40.00</b>	_____
Des Moines Register "Basic Souvenir Pack" (T-shirts - M, L or XL only)	<b>\$ 25.00</b>	_____
RAGBRAI XL Jersey with QCBC side panels-Jersey size _____	<b>\$ 50.00</b>	_____
RAGBRAI XL JERSEY & SHORT cycling kit-Jersey size ____/Short____	<b>\$100.00</b>	_____
RAGBRAI XL JERSEY & BIBs cycling kit - Jersey size ____/Bib____	<b>\$110.00</b>	_____

**4. Q C B C CHARTER SERVICES - THERE WILL NOT BE ANY SERVICES PROVIDED WITHOUT RAGBRAI TAGS**

**PLEASE NOTE: QCBC MEMBER MINIMUM COST IS \$240** (FOR "TAG" & "BAG" SERVICE) \*

QCBC PREFERRED CHARTER (bus out, camp & haul bags for week)	<b>\$160.00</b>	_____
Baggage/Camp Service for week (find own way out)	<b>\$ 90.00</b>	_____*
Charter Bus Out only	<b>\$ 90.00</b>	_____
Bus return to Davenport	<b>\$ 60.00</b>	_____
Daily Camp Service (per night fee includes daily baggage transport)	<b>\$ 20.00</b>	_____
Q. C. B. C. Ride Across Iowa Souvenir T-shirt (size _____)	<b>\$ 10.00</b>	_____
RAGBRAI Jersey Raffle to benefit the youth Dream Team (size _____)	<b>\$ 5.00</b>	_____

**TOTAL \$ \_\_\_\_\_**

**QCBC MEMBER RAGBRAI TAGS & JERSEYS WILL BE AVAILABLE AT FRIDAY PM PACKET PICKUP**

**Every rider must sign the liability waiver.** If you are under 18, your sponsor must also sign. In signing this form for myself or another, I understand and agree to absolve all of the sponsors and organizers, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in RAGBRAI XL or in any of the activities associated with RAGBRAI XL.

Signature of rider \_\_\_\_\_ Date \_\_\_\_\_

Sponsor's signature, if rider is under 18 \_\_\_\_\_ Date \_\_\_\_\_

11/11

## Pedalwheeling • December 2011

TOP FIVE MEN AND TOP TWO WOMEN YEARLY MILEAGE/QCBC											
POS	LAST	FIRST	TOWN	MILES	POS	LAST	FIRST	TOWN	MILES		
				2010							
				2009							
1	Thompson	David	Moline, Il	14125	1	Thompson	David	Moline, Il	14197		
2	Luth	Don	Blue Grass, Ia	14036	2	Luth	Don	Blue Grass, Ia	13730		
3	Harrington	John	Bettendorf, Ia	10284	3	Nivert	Joe	Chatanooga, Tn	11111		
4	Zaborac	Greg	Canton, Il	10050	4	Zaborac	Greg	Canton, Il	10124		
5	Mathias	Dean	Milan, Il	9139	5	Harrington	John	Bettendorf, Ia	10101		
1W	Thompson	Melinda	Moline, Il	6300	1W	Thompson	Melinda	Moline, Il	6015		
2W	Moritz	Darlene	Davenport, Ia	5500	2W	Perry	Becky	Port Byron, Il	4500		
				2008							
				2007							
1	Thompson	David	Moline, Il	14580	1	Thompson	David	Moline, Il	14118		
2	Hawk	Rod	Moline, Il	11377	2	Zaborac	Greg	Canton, Il	11393		
3	Zaborac	Greg	Canton, Il	10983	3	Fitzgerald	Bob	Moline, Il	10642		
4	McGovern	Pat	L. Seminole, Ga	10394	4	Hawk	Rod	Moline, Il	10180		
5	Nivert	Joe	Chatanooga, Tn	10175	5	Harrington	John	Bettendorf, Ia	9447		
1W	Thompson	Melinda	Moline, Il	5600	1W	Moritz	Darlene	Davenport, Ia	6005		
2W	Moritz	Darlene	Davenport, Ia	4406	2W	Thompson	Melinda	Moline, Il	5300		
				2006							
				2005							
1	Pepke	John	Moline, Il	12700	1	Thier	John	Park View, Ia	13260		
2	Hawk	Rod	Moline, Il	12345	2	Hawk	Rod	Moline, Il	11333		
3	Thompson	David	Moline, Il	12065	3	Fitzgerald	Bob	Moline, Il	10613		
4	Thier	John	Park View, Ia	11661	4	Thompson	David	Moline, Il	10036		
5	Zaborac	Greg	Canton, Il	11601	5	Kurt	Steve	Dunlap, Il	9624		
1W	Moritz	Darlene	Davenport, Ia	8033	1W	Moritz	Darlene	Davenport, Ia	8214		
2W	Wolf	Susan	Port Byron, Il	7305	2W	Fitzgerald	Jan	Moline, Il	6025		
				2004							
				2003							
1	Thier	John	Park View, Ia	12621	1	Hanno	Wayne	Davenport, Ia	15778		
2	Fitzgerald	Bob	Moline, Il	10387	2	Sears	Jerry	Geneseo, Il	11600		
3	Hawk	Rod	Moline, Il	10250	3	Thier	John	Park View, Ia	11111		
4	Zaborac	Greg	Canton, Il	9448	4	Zaborac	Greg	Canton, Il	10956		
5	Power	Warren	Davenport, Ia	8267	5	Fitzgerald	Bob	Moline, Il	10208		
1W	Moritz	Darlene	Davenport, Ia	7500	1W	Sears	Jan	Geneseo, Il	8400		
2W	Sears	Jan	Geneseo, Il	5500	2W	Moritz	Darlene	Davenport, Ia	7000		
				2002							
				2001							
1	Hanno	Wayne	Davenport, Ia	14925	1	Sears	Jerry	Geneseo, Il	12500		
2	Thier	John	Park View, Ia	11640	2	Hanno	Wayne	Davenport, Ia	11300		
3	Zaborac	Greg	Canton, Il	11009	3	Zaborac	Greg	Canton, Il	11023		
4	Sears	Jerry	Geneseo, Il	10040	4	Thier	John	Park View, Ia	10760		
5	Jamison	Joe	East Moline, Il	9000	5	Hanson	Jim	Moline, Il	9000		
1W	Sears	Jan	Geneseo, Il	9725	1W	Sears	Jan	Geneseo, Il	12005		
2W	Paulos	Lisa	Cedar Rapids, Ia	6800	2W	Starcevitch	Judy	Bettendorf, Ia	5000		
				2000							
				1999							
1	Hanno	Wayne	Davenport, Ia	11289	1	Buckley	Tom	Fort Madison, Ia	20924		
2	Wales	Greg	Davenport, Ia	10500	2	Sears	Jerry	Geneseo, Il	12860		
3	Zaborac	Greg	Canton, Il	10457	3	Zaborac	Greg	Canton, Il	10607		
4	Thier	John	Park View, Ia	10252	4	Hanno	Wayne	Davenport, Ia	10322		
5	Hanson	Jim	Moline, Il	10000	5	VanThorre	George	East Moline, Il	10100		
1W	Paulos	Lisa	Cedar Rapids, Ia	8000	1W	Sears	Jan	Geneseo, Il	12400		
2W	Lueders	Linda	Bettendorf, Ia	6000	2W	Paulos	Lisa	Cedar Rapids, Ia	11108		
				1998							
				1997							
1	Sears	Jerry	Geneseo, Il	11905	1	Sears	Jerry	Geneseo, Il	11326		
2	Hanson	Jim	Moline, Il	9400	2	Oestreich	Chuck	Rock Island, Il	9000		
3	Van Camp	Leon	Davenport, Ia	8369	3	VanThorre	George	East Moline, Il	7600		
4	VanThorre	George	East Moline, Il	7700	4	Hanson	Jim	Moline, Il	7500		
5	Thier	John	Park View, Ia	7385	5	Van Camp	Leon	Davenport, Ia	7299		
1W	Sears	Jan	Geneseo, Il	11739	1W	Sears	Jan	Geneseo, Il	11263		
2W	Fitzgerald	Jan	Moline, Il	3850	2W	Fitzgerald	Jan	Moline, Il	4830		



**December Ride Schedule**

Dec-03	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00P M	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
Dec-07	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00A M	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Dec-10	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00P M	Hardee's, 425 55th St. Moline	
Dec-14	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00A M	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Dec-17	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00P M	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
Dec-21	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00A M	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Dec-24	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00P M	Hardee's, 425 55th St. Moline	
Dec-28	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00A M	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Dec-31	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00P M	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	

**January 2012—Ride Schedule**

Jan-04	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00AM	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Jan-07	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00PM	Hardee's, 425 55th St. Moline	
Jan-11	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00AM	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Jan-14	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00PM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
Jan-18	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00AM	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Jan-21	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00PM	Hardee's, 425 55th St. Moline	
Jan-25	Wed-morning	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+ miles	9:00AM	HyVee- Kimberly Rd/Spring Street, Davenport	Darlene Moritz 563-386-3499
Jan-28	Mid-paced	Saturday Afternoon Combined ride, riders will determine the distance and pace	Determined by riders	1:00PM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	



Quad Cities Bicycle Club  
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**ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**